

ST. MARY'S COUNTY, MARYLAND

STRATEGIC PLAN FOR ALCOHOL AND DRUG ABUSE

Vision: A safe and drug free St. Mary's County.

Mission: To reduce crime and substance abuse and improve the quality of life in St. Mary's County.

Goal 1: Educate and empower St. Mary's County residents to lead alcohol and drug-free lifestyles.

Objective 1: Use appropriate evidence-based prevention programs in all settings.

Objective 2: Increase the effectiveness of prevention activities by targeting direct interventions to children whose parents are in drug treatment.

Objective 3: Utilize evidence-based environmental strategies to change individual and community norms.

Performance Target:

- 1) 70% of all the model program participants will report that the program helped improve family relationships, improved their parenting skills, and increased the youth's social and life skills.

Measure: Pre & Post or Retro- tests specific for the model program.

- 2) Deliver Guiding Good Choices program involving clients from Walden and the Marcey House. 70% of the clients will report that the program helped clarify family expectations for behavior, enhanced conditions that promote family bonding, and teach skills to parents and children that allow children to successfully meet the expectations of their family to resist drug use.

Measure: Pre & Post or Retro- tests specific for the model program.

- 3) Through implementation of the Communities Mobilizing for Change on Alcohol, reduce underage youth access to alcohol by changing community norms and practices.

- Measures:
- 1) Adolescent use reported in the (2006) Maryland Adolescent Survey.
 - 2) Number of adolescent alcohol citations issued.
 - 3) Number of underage alcohol-related accidents.
 - 4) Number of adolescent-related complaints to Liquor Board.
 - 5) Number of underage DWI charges.

Goal 2: Maintain an accessible community system of intervention and treatment services.

Objective 1: Maintain standard screening, assessment and referral protocols to ensure access by the general public as well as core agencies/institutions.

Objective 2: Maintain 24 hour Hotline/Outreach response in order to provide assessment, referral and placement services in a timely manner.

Objective 3: Maintain outpatient and intensive outpatient programming to meet community needs.

Performance Target: Increase the number of individuals accessing substance abuse treatment.

- Measures:
- 1) Increase in the population accessing treatment services.
 - 2) Survey results of clients/stakeholders reporting satisfaction with access to and with treatment services.

Goal 3: Expand the existing integrated continuum of efficient and effective treatment services.

Objective 1: Expand funded capacity at Anchor ICF to meet local/regional needs in order to reduce waiting list/time.

Objective 2: Increase long-term treatment capability for individuals with co-occurring psychiatric and substance use disorders (minimum stay 90 days).

Objective 3: Twice yearly review of ICF/long-term/halfway house residential care funding.

- Performance Target:
- 1) Expand Anchor ICF by four regional (4) beds.
 - 2) Expand long-term treatment capacity by 10 beds (6 single men/4 women).
 - 3) Two meetings per year with regional coordinators to discuss funding.

- Measures:
- 1) Number of clients served at Anchor ICF.
 - 2) Number of clients served in expanded long-term treatment.
 - 3) Number of scheduled regional meetings.

Goal 4: Develop and maintain an accessible system of care for adolescent and adult substance abuse offenders.

Objective 1: Maintain St. Mary's County Juvenile Drug Court.

Objective 2: Develop implementation plan for St. Mary's County Adult Drug Court.

Objective 3: Continue substance abuse assessment and treatment services for adolescents and adults referred by the Department of Juvenile Services, Department of Parole & Probation, St. Mary's County Detention Center, and the St. Mary's County judicial system.

- Performance Target:
1. Reduce the rate of recidivism among addicted adolescents.
 2. Schedule quarterly meetings in FY 2006 (July 1, 2005-June 30, 2006) to explore development of an adult drug court. First meeting to be held by September 15, 2005.
 3. Increase the number of referrals of addicted adolescents and adults from the agencies cited.

- Measures:
1. Number of adolescents served in juvenile drug court.
 2. Number of meetings scheduled.
 3. Number of offenders referred through the criminal justice system.

Goal 5: Increase professional education and community awareness regarding the complexities of substance abuse and the ramifications thereof, including court involvement.

Objective 1: Provide a minimum of two community presentations/training annually.

Performance Target: Schedule two trainings in FY 2006 (July 1, 2005-June 30, 2006).

Measure: Number of scheduled community presentations/trainings.

Goal 6: Develop the infrastructure to sustain an efficient and effective system.

Objective 1: Improve the overall compensation and benefit package for administrative and clinical staff.

Objective 2: Make available adequate computer access to all clinicians.

Objective 3: Improve staff development by providing appropriate training in topic areas including but not limited to treatment planning, motivational interviewing, and cognitive recognition therapy.

Performance Target: Retention of qualified leadership and clinical staff.

Measure: Actual turnover rate.