

Somerset County
Overdose Prevention Plan
Reconfigured January 2015

Vision: A Safe and Drug Free Somerset County

Mission: Reduce the incidence and prevalence of opioid overdoses and associated deaths and their consequences to the individuals, families and the community.

Goal 1: Expand and enhance education of general public on opioid and prescription drug abuse.

Problem Statement	Strategies	Activities	Measurable Outcomes
Availability and access to prescription medication.	Educate public on ways to reduce access to prescription medication through proper use, storage and disposal via comprehensive media campaign.	<p>TV, radio, billboard, social media, pamphlets, etc. to publicize consequences of improper use and storage of medications.</p> <p>Publicize location of prescription drug take back boxes.</p> <p>Expand # of prescription drug take back boxes.</p>	<p>↓ Misuse of prescription drugs within the home and community.</p> <p>↑ Use of prescription drug take back boxes.</p> <p>↓ Overdoses.</p> <p>↓ Overdose deaths.</p>

Goal 2: Expand and enhance education of clinical community on “best practices” for prescribing opioids.

Problem Statement	Strategies	Activities	Measurable Outcomes
<p>Unsafe prescribing practices of opioid prescription drugs.</p> <p>Overprescribing opioid medications.</p>	<p>Increase knowledge of recommended prescribing practices.</p> <p>Increase knowledge on use of Prescription Drug Monitoring Program (PDMP).</p>	<p>Face to face presentation of information “best practices” for one prescribing opioids.</p> <p>Demonstrate use of PDMP data.</p>	<p>Improved patterns of prescribing opioids.</p> <p>↑ Use of PDMP.</p> <p>↓ Overdoses.</p> <p>↓ Overdose deaths.</p>

Goal 3: Outreach to high risk individuals and communities.

Problem Statement	Strategies	Activities	Measurable Outcomes
<p>Low perception of harm.</p> <p>Underutilization of treatment.</p>	<p>Educate on potential dangers of use of prescription opioids.</p> <p>Target delivery to individuals and geographic locations with high rates of overdose.</p> <p>Deliver message that treatment is effective and available to all.</p>	<p>Comprehensive media campaign with messages targeting those recently released from incarceration, hospital, prescribed multiple medications, or history of substance abuse and/or mental health disorders.</p> <p>Develop “messaging” on medication assisted treatment and distribute at strategic locations throughout county.</p>	<p>↑ Knowledge of risk of misuse of opioids.</p> <p>↓ Misuse of opioids.</p> <p>↓ Overdoses.</p> <p>↓ Overdose deaths.</p>

Goal 4: Increase availability of Naloxone in community.

Problem Statement	Strategies	Activities	Measurable Outcomes
<p>Naloxone is not readily available throughout the county.</p>	<p>Somerset County is an approved training entity for the Maryland Overdose Response Program (ORP)</p> <p>Prescribe Naloxone to individuals with opioid dependence <u>or</u> who are prescribed opioids and are in high risk categories.</p>	<p>Advertise and deliver trainings at various locations throughout the county.</p> <p>Provide vouchers to obtain Naloxone to those without insurance coverage.</p> <p>Distribute instructions from DHMH to local health care providers and educate face to face on this procedure.</p>	<p>↑ # Individuals certified to administer Naloxone.</p> <p>↑ # Of high risk individuals who have Naloxone in their possession.</p> <p>↑ # Of opioid overdose reversals.</p> <p>↓ # Of overdose deaths.</p>

Goal 5: Increase support systems for individuals and families burdened with opioid addiction.

Problem Statement	Strategies	Activities	Measurable Outcomes
Isolation of opioid addicts due to stigma.	Media campaign. Utilization of peer support services.	Deliver message that addiction is a chronic disease from which people can and do recover. Educate professional and general public on medication assisted treatment. Link peer support services to individuals in treatment for opioid addiction <u>and</u> those who are treated for an overdose. Provide family support activities at Wellness and Recovery Center	 Stigma.  Use of resources for those with opioid abuse.  Length of recovery for individuals.  Opioid misuse.  Overdoses.  Overdose deaths.

Goal 6: Develop a collaborative community response to opioid overdoses.

Problem Statement	Strategies	Activities	Measurable Outcomes
No formal system of communication and response.	Develop intra-agency structures, policies and procedures for opioid overdoses. Develop system for data sharing.	Establish Overdose Fatality Review Team. Obtain consents to allow communication between emergency responders, hospitals, police, primary care and substance abuse treatment facilities.	 Communicate within professional community.  Resources for individuals.  Overdoses.  Overdose deaths.