

**HOWARD COUNTY, MARYLAND
ALCOHOL & DRUG ABUSE ADVISORY BOARD (ADAAB)**

STRATEGIC PLAN

FY14-15

Update Submitted January 2015

Vision

An integrated service system that addresses the county's behavioral health (substance use disorder and mental health) needs on demand.

Mission

Foster, promote and facilitate a collaborative effort among entities in behavioral health education/prevention, treatment/rehabilitation and law enforcement/criminal justice to reduce behavioral health issues in Howard County.

Goal I:

Educate and assist individuals, families, organizations and communities to live healthy lives free of the negative consequences of substance use.

Objective 1: Encourage the establishment of a coordinated prevention effort that collaborates with community stakeholders to aggressively seek funding sources to develop and implement an effective, broad-based prevention effort that focuses on environmental change.

Action Plan:

- Support the Howard County Health Department, Bureau of Behavioral Health through HC DrugFree, to continue prevention efforts through the Prevention Grant and the Maryland Strategic Prevention Framework (MSPF) grant through the Behavioral Health Administration (BHA) and seek additional funding to further the county's prevention efforts.

Update: HC DrugFree continues the prevention efforts accessing the Prevention Grant and MSPF Grant but is also seeking Opiate Prevention Funding through BHA.

- Support the continued work of the prevention community coalition through the ADAAB made up of local policy makers, stakeholders, prevention, treatment and youth development advocates, community members, organization leaders, concerned parents, representative youth and others that will guide the process of seeking grants as well as the overall prevention efforts of the county.

Update: Efforts are continuing. ADAAB Ex-officio members and their representatives, other Alcohol Coalition members, and guests were invited to attend the September 2014 combined ADAAB/Alcohol Coalition meeting

to discuss the progress of the police patrols at Merriweather Post Pavilion and the *Be a Parent Not a Friend...Don't make alcohol available to teens* media campaign. One of the videos of local Howard County community leaders was viewed at the September meeting. Concert drugs, fake IDs, and the need for a detox center were among the topics discussed at meetings. ADAAB was invited to attend DUI/Drug Court graduation. Dr. Andy Angelino, the Psychiatry Department Chair Person at Howard County General Hospital spoke to ADAAB in November 2014. ADAAB recommendations were forwarded to the new County Executive in December 2014.

- Encourage the identification and environmental strategies that focus on the appropriate stages of change.
Update: Efforts are continuing. The Coalition completed 3 seasons of police patrols at Merriweather Post Pavilion to target underage drinking. HC DrugFree distributed Concert Tips to parents/adults in an attempt to keep concert goers safe. Through electronic updates, HC DrugFree continued educating the community on Drug/Alcohol prevention. As planned, the *Be a Parent Not a Friend...Don't make alcohol available to teens* media campaign was launched through in September 2014. HC DrugFree with the assistance of the MSPF Evaluator continue to gather feedback on the *Be a Parent Not a Friend* media campaign through surveys on HC DrugFree's website as well as monthly discussion questions with HC DrugFree's Teen Advisory Council. The launching of HC DrugFree's new website was delayed, but much progress has been made. The *Be a Parent Not a Friend* "microsite" will be launched in late January 2015. The microsite can house videos, webinars, and other technology. The video (*Don't Be a Friend*) produced by ADAA (now BHA) as well as the *Be a Parent Not a Friend* videos of local Howard County community leaders have begun to be distributed one every few weeks. Talking points and a marketing survey are available on HC DrugFree's website. Additional short videos are to be produced from the original recordings.
- Encourage the use of best practices based on current science-based theories.
Update: Efforts are continuing as HC DrugFree continues to work with the MSPF Evaluator.

Goal II:

Develop and maintain an accessible community system of intervention, treatment and recovery services.

Objective 1: Support efforts to offer a full continuum of care in Howard County.

Action Plan:

- Support efforts to establish a detoxification program/clinic in Howard County.

Update: It is hoped that there is funding available for these services. It is hoped that a current or new provider will want to offer these services in Howard County.

- Support maintaining current buprenorphine induction and maintenance services, as well as, encourage new providers to enter the continuum of care.

Update: Current buprenorphine services have maintained, but no new providers have entered the continuum of care.

- Support maintaining current substance use disorder treatment providers in offering outpatient services including early intervention, outpatient, and intensive outpatient for adults and adolescents, as well as, encourage new providers to enter the continuum of care.

Update: A current private provider in the county expanded services by adding intensive outpatient treatment for adolescents but no new providers have entered to continuum of care.

- Support maintaining current recovery housing providers, as well as, encourage new providers to join the continuum of care.

Update: A few new recovery housing providers have entered the continuum of care.

- Support enhancement efforts of Care Coordination which links individuals to resources and services to promote long-term recovery.

Update: Implementation began in FY13 with State Care Coordination and Access to Recovery (ATR) offered through the Mental Health Authority. These roles were transferred to the Howard County Health Department, Bureau of Behavioral Health in mid-FY14. In FY15, the Howard County Health Department, Bureau of Behavioral Health continues to provide State Care Coordination, as well as implemented Recovery Support Access Maryland (RSAM) starting in mid-October 2104 with the end of ATR across Maryland the latter part of September 2014.

Objective 2: Support enhancement of collaboration and integration within local service partners to avoid duplication of services and funding.

Action Plans:

- Encourage collaboration and partnership within local committees and boards.

Update: Collaboration and partnership efforts continue to enhance in Howard County. The following is a list of some of the committees and boards with active participation across many local agencies: Alcohol and Drug Abuse Advisory Board, Opioid Prevention Coalition (former Alcohol Coalition), Mental Health Advisory Board, Behavioral Health Task Force, Behavioral Health Workgroup of the Local Health Improvement Coalition (LHIC), Criminal Justice Partnership Committee, Reentry Coordinating Council, Recovery Oriented Systems of Care (ROSC) Change Team, Mental Health Providers Meeting, Howard County Public School System (HCPSS) Mental Health Task Force, and Local Care Team.

- Support continued efforts of the Recovery Oriented Systems of Care (ROSC) Change Team. This is a committee made up of prevention and substance use disorder treatment providers, community service agencies, and the recovery community working to enhance person-centered, individualized service delivery.

Update: Efforts are continuing with monthly ROSC Change Team meetings. The team created a mission statement and an implementation plan. The team is currently working on editing the final version of the priority list.
- Support enhanced integration of mental health and substance use disorder recovery efforts at the Wellness and Recovery Center operated by On Our Own of Howard County. The Mental Health Authority and Howard County Health Department, Bureau of Behavioral Health partnership to fund the efforts.

Update: In FY12, integrated behavioral health implementation efforts began at the Wellness and Recovery Center. In FY13, two Peer Recovery Coaches were hired to work within the Wellness and Recovery Center in addition to existing mental health peer support staff. In FY15, two additional Peer Recovery Coaches were hired to work at the Wellness and Recovery Center. Integration efforts continue, as well as outreach efforts to promote the program.
- Support identification and implementation of strategies and interventions that provide an integrated prevention and treatment approach.

Update: Some examples of prevention and treatment integration are listed. The Overdose Response Training Program targeting family/friends of those at risk of an opiate overdose is offered for free to the public by the Howard County Health Department, Bureau of Behavioral Health. Guiding Good Choices, an evidenced-based prevention program is offered by the Howard County Health Department, Bureau of Behavioral Health within the treatment program at the Howard County Detention Center. The Sexual Health in Recovery programming is offered at Howard County Health Department, Bureau of Behavioral Health and in the treatment program at the Howard County Detention Center. Smoking Cessation is offered at the Howard County Health Department across all programming.

Objective 3: Encourage current or new substance use disorder treatment providers to accept a full array of health insurance to assist in closing gaps in service access.

Action Plan:

- Encourage providers to accept private insurance and Medicaid.

Update: A private provider in the county recently began providing services to individuals with Medicaid.

Objective 4: Encourage current or new substance use disorder treatment providers to work toward gaining accreditation.

Action Plan:

- Encourage providers to support each other in working toward accreditation.
Update: Efforts are continuing to link providers with each other to conduct a gap analysis, draft policies and procedures, and receive implementation feedback to begin aligning with accreditation standards.
- Encourage providers to develop a work group to plan and implement accreditation efforts.
Update: Efforts are continuing to problem solve and provide feedback to assist providers in gaining accreditation.

Objective 5: Support efforts toward alignment of local integration of mental health and substance use disorder administrations with state level integration. The state level administration merger resulted in the Behavioral Health Administrations (BHA) from the merger of the Alcohol and Drug Abuse Administration (ADAA) and the Mental Health Administration (MHA).

Action Plan:

- Support the Mental Health Authority and Howard County Health Department, Bureau of Behavioral Health in work with the Howard County Health Officer, County Council and County Executive to develop an integration model and timetable.
Update: The Mental Health Authority is planning to co-locate with the Howard County Health Department, Bureau of Behavioral Health in FY15 in the spring of 2015 as long as the final details are agreed upon.