

# TABLE OF CONTENTS

	<u>Page</u>
Table of Contents .....	1
Introduction.....	2
DAAC Mission.....	3
DAAC Planning Timeline.....	3
DAAC Planning Process.....	4
Selected Data .....	5
GC Drug and Alcohol Resource Matrix .....	10
2006 Plan.....	13
DAAC Members.....	15

## **Introduction**

Garrett County has for many years recognized the need for a local interagency advisory group to assist with the planning and implementation of services to prevent and address addictions. The belief that substance abuse is a community-wide issue and not just the problem of the courts, law enforcement agencies, the medical community or the victims is evident in the County and there has been many discussions over the years about how we as a community should address the problem. Garrett County's issues with drug and alcohol addiction are in many ways unique as compared to other Maryland jurisdictions. Community surveys reveal a local perception that alcohol abuse is a significant problem in the county with the belief that abuse is higher than average and that the community accepts alcohol abuse as normal. However, the County, with exception of two districts, has local laws that prohibit the Sunday sale of alcohol. The community is also unique in the fact that the significant tourism industry exacerbates the local substance abuse problem. Another factor that makes Garrett County stand out is that it is bordered on three sides by other states that have fewer resources for prevention, intervention and treatment, thus confounding many of our local strategies.

For these and other reasons, the community has sought to address treatment and prevention issues through the use of coalitions and interagency groups. The Garrett County Council on Alcohol and Drug Abuse functioned as an advocacy group and was instrumental in securing community resources from 1988 to 1996 when it was disbanded. The Addictions Advisory Council was formed in 1997 and for a number of years was staffed by personnel from the local Mental Health Core Services Agency (CSA). The CSA recognized the need for such a group to advocate for services for persons with co-occurring disorders. Another committee, the "Zero Tolerance" For Underage Drinking Committee was formed in 1997 to address prevention of alcohol use among minors. The committee has been instrumental in developing community initiatives to prevent underage drinking. (The committee is now called the Combating Underage Drinking Committee).

The passage of Senate Bill 194 by the 2004 General Assembly was the boost the local groups needed to provide not only the moral imperative but the political mandate to develop a local plan to address the unique drug and alcohol issues of Garrett County. The plan detailed in this document is a first step. It will be reviewed regularly and updated annually to keep pace with the changing needs of the community.

# **GARRETT COUNTY DRUG AND ALCOHOL COUNCIL MISSION STATEMENT**

**The mission of the Garrett County Drug and Alcohol Abuse Council is to assist in promoting treatment and prevention services to those people affected by alcohol and other drug abuse in Garrett County. This includes the abuser as well as family members, and there shall be a special focus on persons with co-occurring mental illness.**

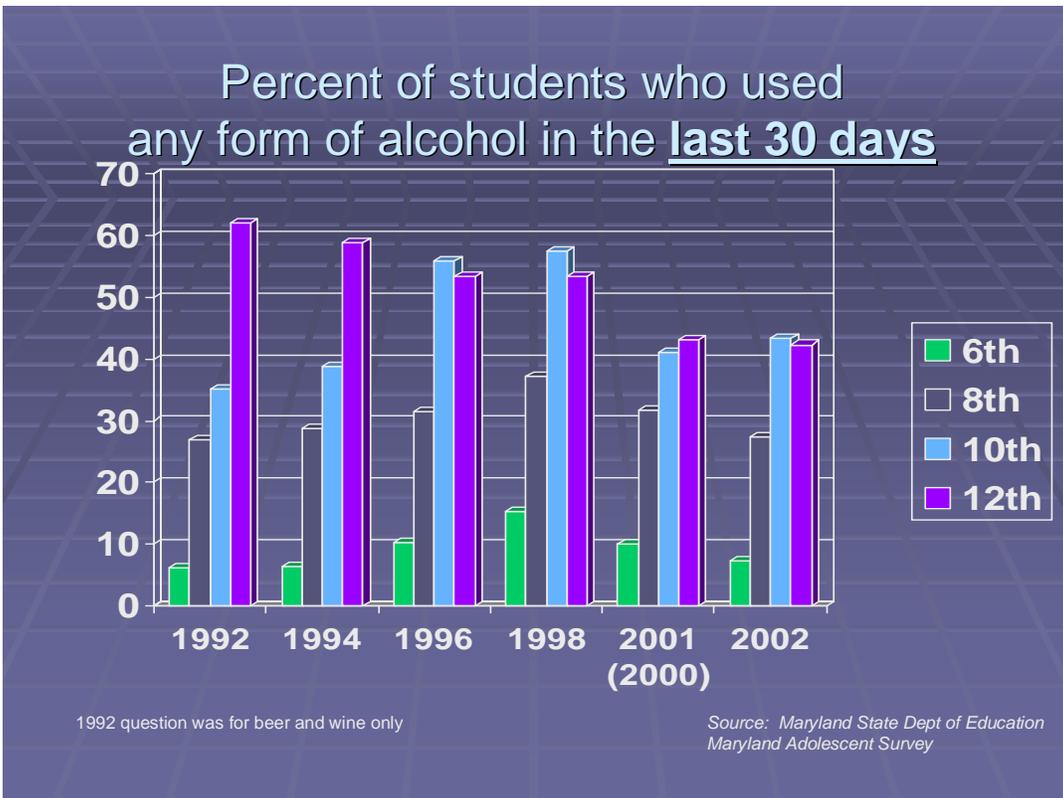
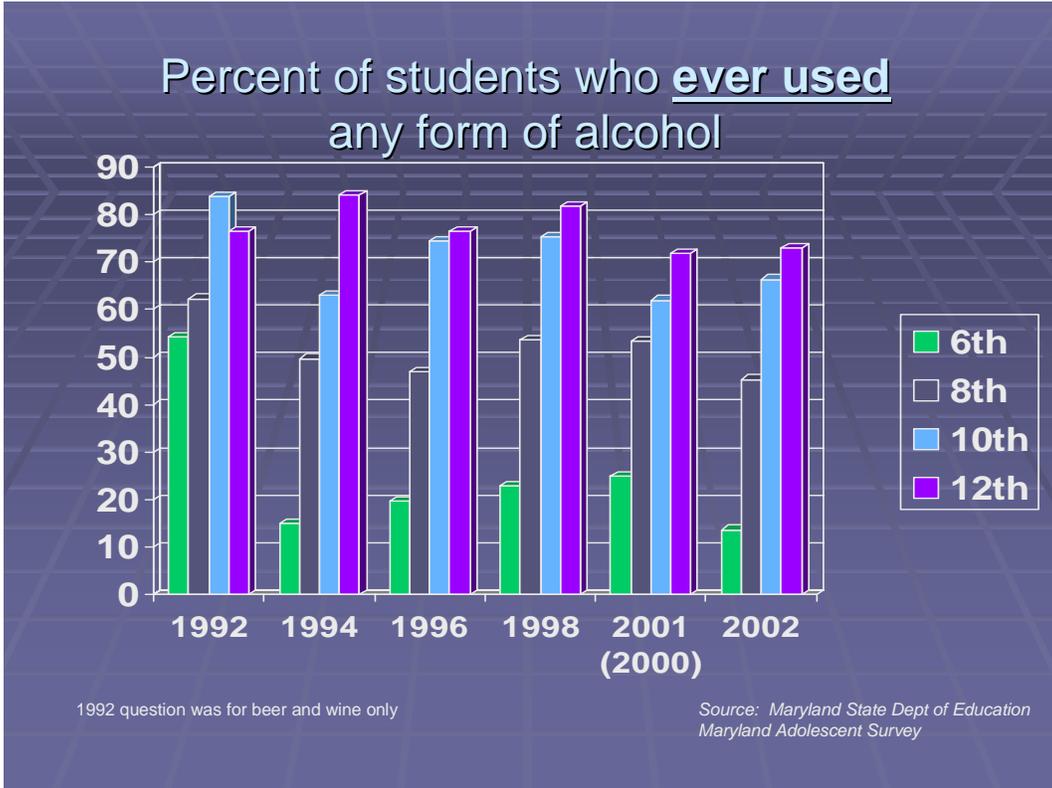
## **GARRETT COUNTY DAAC TIMELINE**

- 10/20/04 Addictions Advisory Council briefed on legislation by Health Officer
- 11/17/04 Addictions Advisory Council approves planning process and reviews Bylaws
- 11/22/04 Garrett County Commissioners name the Addictions Advisory Council as the Garrett Drug and Alcohol Abuse Council
- 12/01/04 Preliminary Plan submitted to the Governor
- 12/15/04 Bylaws amended to conform to legislation and renaming the Addictions Advisory Council as the Garrett County Drug and Alcohol Council
- 12/15/04 to 04/27/05 Reviewed data, Inventoried community resources, performed gap analysis and cost-benefit analysis
- 02/15/05 Submitted FY 2006 plan of operations
- 06/15/05 Approved 2006 Garrett County Drug and Alcohol Plan

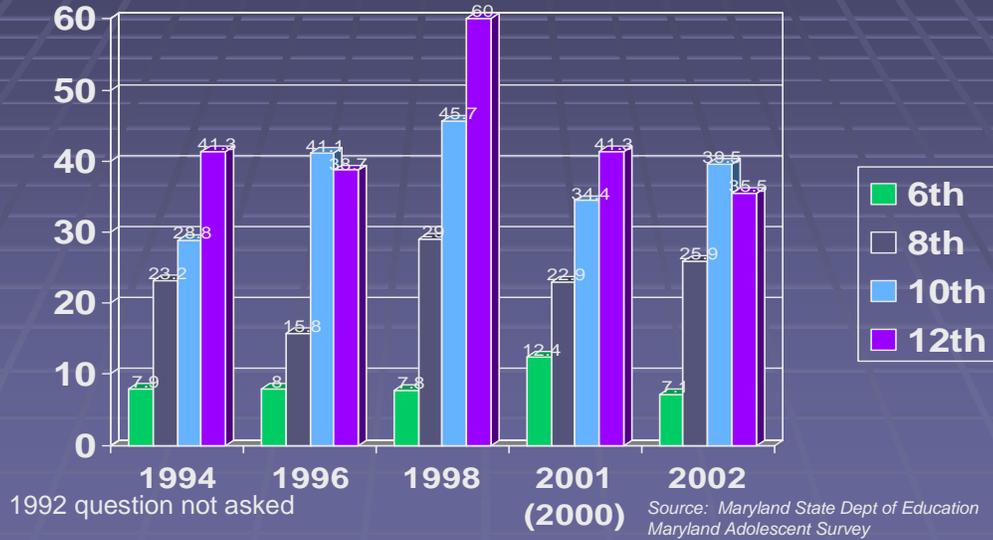
### Garrett County Drug and Alcohol Council Planning Process

	November 2004	December 2004	January 2005	February 2005	March 2005	April 2005	May 2005	June 2005
Review and Modify Bylaws								
Develop Work Plan and Progress Report								
Finalize Membership								
Submit Preliminary Report								
Collect and Analyze Substance Abuse Data								
Review the Status of GC SA Enforcement								
Review the Status of GC SA Treatment								
Review the Status of GC SA Prevention								
Inventory Community Local Resources								
Human Resources (Professional)								
Human Resources (Volunteer)								
Funding Resources								
Gap Analysis								
Cost-Benefit Analysis								
Draft Plan								
Submit FY '05 Plan to ADAA								
Present Draft of Comprehensive Plan to DAAC								
Approval of Comprehensive Plan by DAAC								
Submit Comprehensive Plan to ADAA								

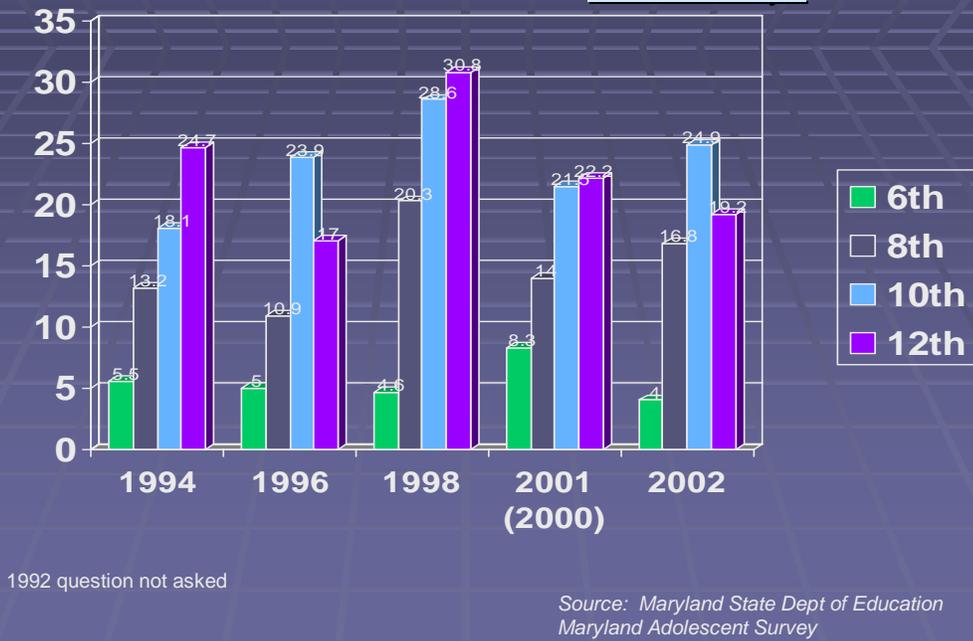
**Selected Data Used During Planning Process**



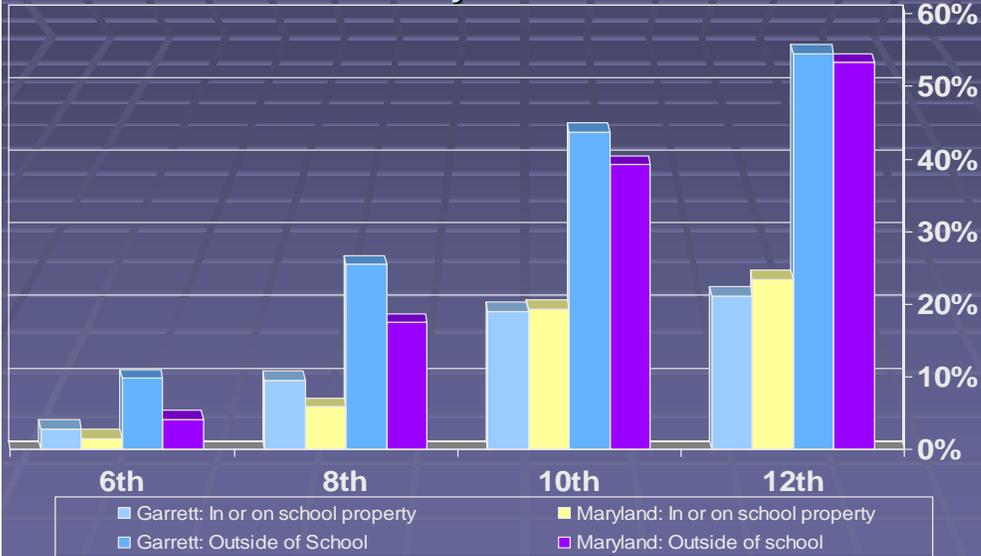
## Percent of students who ever used any drug other than alcohol or tobacco



## Percent of students using any drug other than alcohol or tobacco in last 30 days

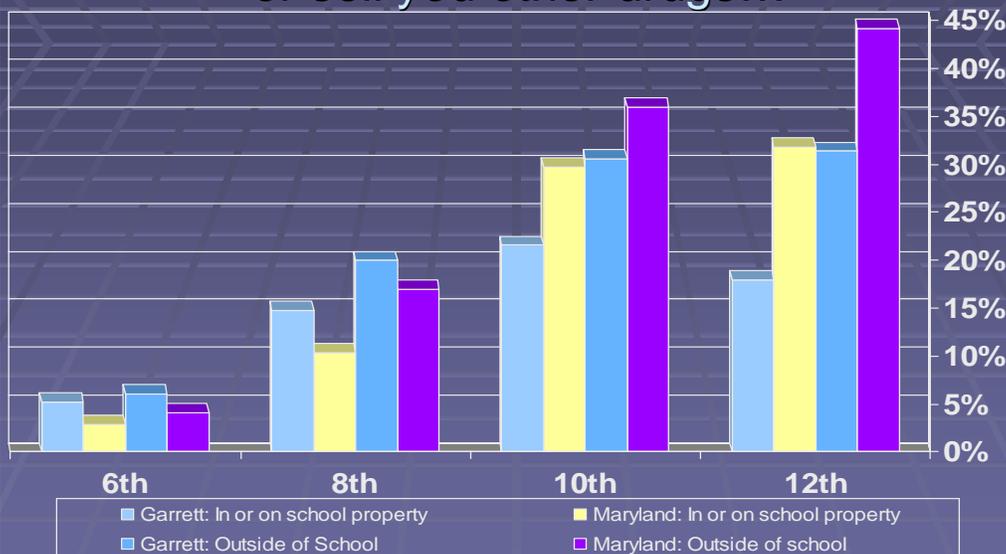


## Has anyone offered to give you, buy you, or sell you alcohol...



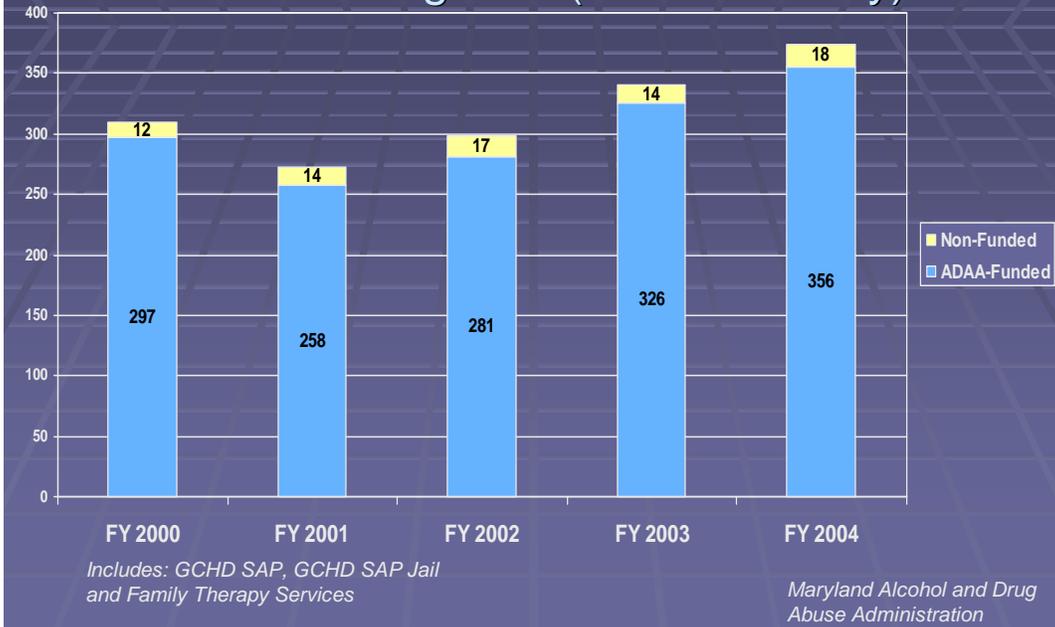
Source: Maryland State Dept of Education \ Maryland Adolescent Survey 2002; extracted by GC PCF

## Has anyone offered to give you, buy you, or sell you other drugs...

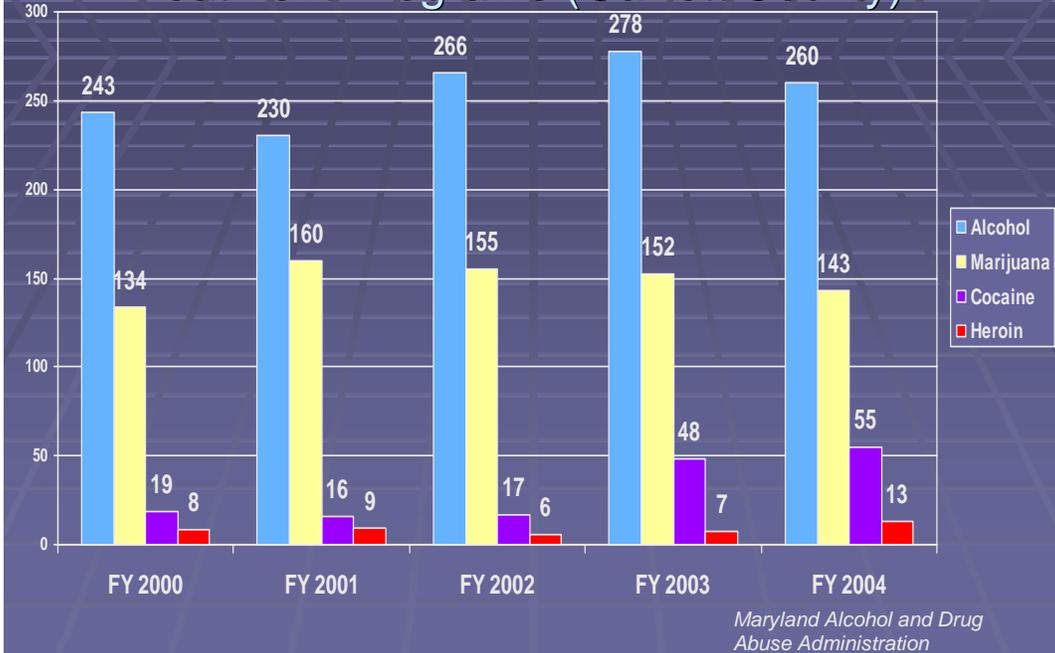


Source: Maryland State Dept of Education \ Maryland Adolescent Survey 2002; extracted by GC PCF

## Number of Admissions to Maryland Treatment Programs (Garrett County)

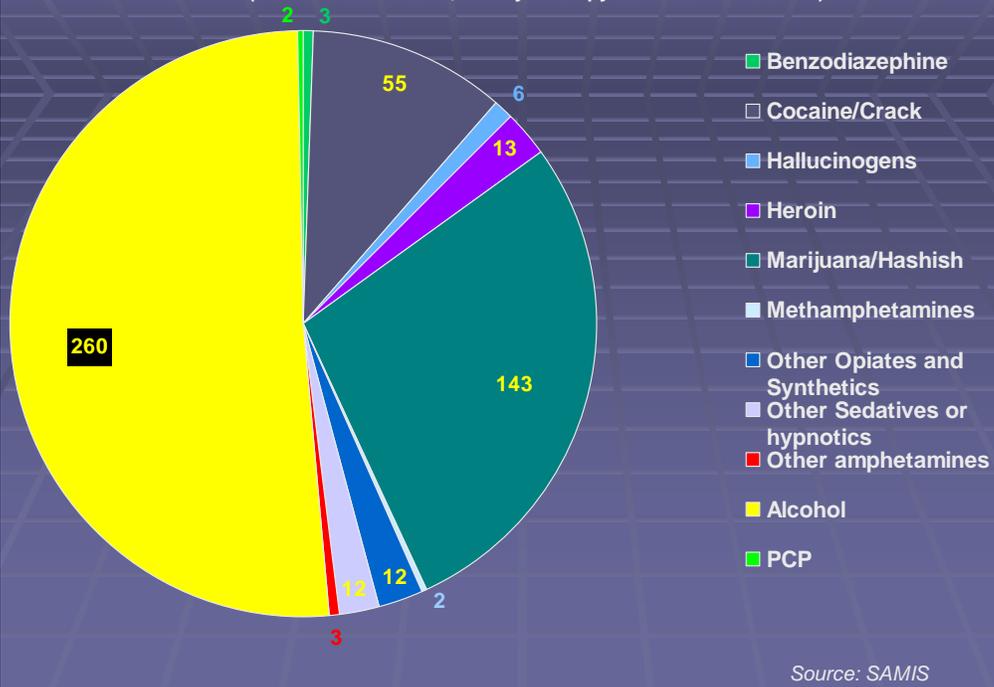


## Number of Admissions to Maryland Treatment Programs (Garrett County)

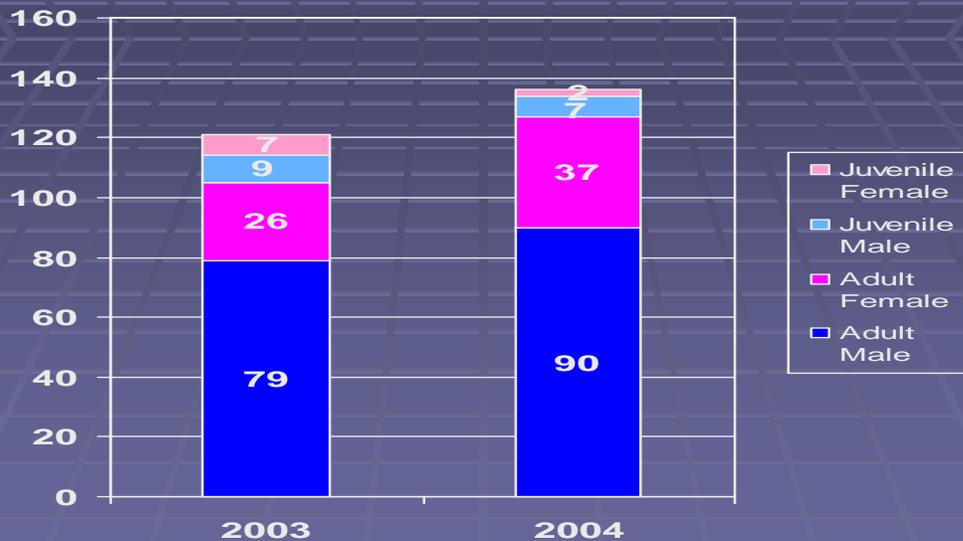


## Substance Mentions at Admission FY '04

(Includes GCHD SAP, Family Therapy Services and GC Jail)



## Number of Drug Arrests



Entity	Primary/ Secondary	Program Name	Function/Mission	Target Population	Category of Service & Activity	Funding Source	Funding Amount (FY 05)
GCHD	Primary	Adult Clinic	Outpatient SA Assessment, Evaluation, Treatment	Adults including DWI violators.	Treatment	ADAA Fees Collection	\$635,296 (F843)
GCHD	Primary	Child and Adolescent	Outpatient SA Assessment, Evaluation, Treatment	Young abusers, children of adult drug and alcohol abusers	Treatment	ADAA Fees Collection	
GCHD	Primary	Intensive Jail Program	Educational Program to assist inmates in taking responsibility for their actions	Inmates	Treatment / Intervention	ADAA	
GCHD	Primary	Intensive Out-Patient	Newly developed intensive O-P service offering 9 or more hours per week of therapy	Adults	Treatment	ADAA	New for FY 06
GCHD	Primary	TAMAR	Trauma, Addictions, Mental Health and Recovery. Therapy and case management. Therapist is stationed in P & P office.	Persons with traumatic stress	Treatment / Intervention	CSA Grant Funded	
Private	Primary	Family Therapy Associates	Individual counseling for alcohol addiction	Adult alcoholics	Intervention	Fees	
GCHD	Secondary	Mental Health	Mental Health Treatment and referral when appropriate	Adult and children with diagnosed mental illness	Treatment / Intervention	Fee and some grants	
AA	Primary	AA/NA/Alanon	Offers support services to alcoholics and their families.	Alcoholics, Drug Addicts, and families	Treatment	Donated	N/A
DJS Residential	Primary	Meadow Mountain	Structured environment for juvenile offenders who are committed to DJS	DJS Offenders (Under 18)	Treatment	DJS	?
Residential Addictions	Primary	Joseph E. Massie Ctr.	Residential Addiction services. Partial hospitalization	Adults	Treatment	ADAA	?
Residential Addictions	Primary	Lois E. Jackson Unit	60 day residential treatment program for 13 to 18 year with primary diagnosis of drug or alcohol addiction	Adolescents	Treatment	ADAA	?
GC Lighthouse	Secondary	GC Lighthouse	Psychiatric Rehab Program for adults. Groups are co-facilitated with GCHD addictions staff	Adults	Treatment	MHA, ADAA funds co-facilitator	
Medical Referrals	Secondary	Physicians, hospital ER and Jail	Referrals are made to various treatment programs from these sources	Active users	Intervention	Pvt. Funding, MCO/HMO or State	
GCHD	Secondary	School-Based Early Intervention	Interventionist works with high risk youth in high schools and middle schools. Assessment, case management and referral provided by Nationally Certified Prevention Specialist	High-Risk Youth	Intervention	ADAA	\$45,000 (F868)

Entity	Primary/ Secondary	Program Name	Function/Mission	Target Population	Category of Service & Activity	Funding Source	Funding Amount (FY 05)
DSS	Secondary	DSS Liaison	Facilitate the appropriate referral from DSS to treatment. Case management for clients	DSS Clients and their families	Intervention	ADAA	\$59,059 (F865)
Parole and Probation	Secondary	Parole and Probation Screening	Screen offenders for substance abuse issues and make referrals	Offenders with substance abuse issues	Intervention	State	
DJS	Secondary	DJS Screening	Screen juvenile offenders and make referrals as appropriate	DJS offenders	Intervention	State	
Circuit and District Courts	Secondary	Circuit Court and District Court	Make referrals and court orders when appropriate	DJS Offenders	Intervention	State	
Board of ED.	Secondary	MSAP	MD Student Assistance Program. Interagency Review of students for appropriate intervention strategies	School children	Intervention	LEA, Safe & Drug Free Schools and STOP Grant	\$40578
Sheriff's Office	Secondary	Winner's Program	Drug and alcohol prevention education offered in schools	6-9 graders	Prevention	SDFS and local funds	
GCHD	Secondary	Asset Development and Youth Strategies	Promoting the Search Institute's 40 Developmental Assets	Teens and Pre-Teens	Prevention	LMB and CMCA	
Sheriff's Office	Primary	Sobriety Check Points	Prevention Strategy	Impaired Drivers	Prevention	Traffic Safety Funds	
Board of Ed.	Secondary	Health Program of Studies	Health Education Curriculum (Officer Phil, Project Alert, TNT and others)	Kindergarten - 9 <sup>th</sup> graders	Prevention	Board of Education	
FOP	Secondary	Prevention Funding	Prevention Activities	Youth	Prevention	FOP / Donations / Businesses	
GCHD	Primary	<i>LifeSkills Training</i> ™	CSAP Model Program (5 elementary and 2 middle schools)	3 <sup>rd</sup> to 8 <sup>th</sup> graders	Prevention	ADAA, 21 <sup>st</sup> Century Grant Local Core	\$75,185 (F841) \$5,300
GCHD	Primary	<i>Dare to Be You</i> (Pre-School)	CSAP Model Program that incorporates Parent Training , self-management and communication skills	Preschoolers and their families	Prevention	ADAA Pre-school grant	\$107,560 (F861)

Entity	Primary/ Secondary	Program Name	Function/Mission	Target Population	Category of Service & Activity	Funding Source	Funding Amount (FY 05)
GCHD	Primary	<i>Dare to Be You</i> (Elementary)	CSAP Model Program that incorporates Parent Training , self-management and communication skills	Elementary students and their families	Prevention	ADAA Local Core BOE	\$75,000 (F857) \$5,300
GCHD	Primary	Community Planning Groups	Universal grass roots prevention strategy	Youth	Prevention	GCHD “Core” Funds	\$6,300
GCHD	Primary Secondary	Health Families Garrett County	Universal home visiting program that promotes healthy behaviors and lifestyles	Families of high-risk 3-5 year olds	Prevention	LMB and ADAA Pre- school Grant	\$50,000 (F861)
Board of Ed.	Secondary	Second Step	Science based prevention program	Pre-K to 3 <sup>rd</sup> Grade	Prevention	Board of Education	
Board of Ed.	Secondary	Character Education	Character education is used in all schools to teach students how to become people of integrity through learning and practicing basic moral values.	All Schools	Prevention	Board of Education	
Board of Ed.	Secondary	Positive Behavior Intervention and Supports (PBIS)	A research based program that teaches behavioral intervention and character education	Elementary and Middle Schools	Prevention	Board of Education	
Board of Ed.	Secondary	Transitional Aged Youth (TAY)Initiative	Alternative programming for high risk youth. Adventure Sports program activities that build character through teamwork, high adventure activities and outdoor skills	Middle and High Schools	Prevention	MHA via CSA	\$84,000
GCHD	Primary	Tobacco Prevention	Tobacco Prevention and Cessation (Community Based)	GC Residents	Prevention	CRF Cessation Community	\$18,267 \$46,463
Board of Education	Primary	Tobacco Preventions	Tobacco Prevention	School Students	Prevention	CRF	\$31,950

# **GARRETT COUNTY, MARYLAND STRATEGIC PLAN FOR ALCOHOL AND DRUG ABUSE**

**Vision:** A safe and drug free Garrett County

**Mission:** To assist in promoting treatment, intervention and prevention services to those people affected by alcohol and other drug abuse in Garrett County.

**Goal 1:** Increase the percentage of individuals who are healthy and drug free.

Objective 1: Increase the effectiveness of prevention activities by using evidence-based prevention programs in all settings.

Objective 2: Use evidence-based environmental strategies to change individual and community norms.

**Performance Target:** Reduce the overall incidence and prevalence of substance abuse for youth and adults.

**Measure:** Number of users (Maryland Adolescent Survey and the Behavioral Risk Factor Survey Scale).

**Goal 2:** Identify and move individuals to the appropriate level of care.

Objective 1: Develop community accepted screening, assessment and referral protocols for all public human services and criminal justice agencies.

Objective 2: Develop and maintain timely and appropriate assessment, referral and placement services.

Objective 3: Expand current types of intervention services.

**Performance Target:**

1. Promulgation of effective screening tools.
2. Maintain or improve the number of days waiting for clients to enter appropriate treatment program.

**Measure:**

1. Annually review and when appropriate revision of screening tools by DAAC.
2. Review of SAMIS report.

**Goal 3: Increase recovery rates in adults and adolescents through effective treatment.**

Objective 1: Evaluate/Maintain school-based intervention/treatment services.

Objective 2: Develop and maintain intensive outpatient treatment (IOP) services.

Objective 3: Expand and maintain services and referrals for forensically involved persons.

**Performance Target:** Increase the number of persons who successfully complete treatment.

**Measure:** Review the SAMIS report for all targeted populations.

**Goal 4: Develop the means to sustain a drug and alcohol prevention, intervention and treatment system that is efficient and effective.**

Objective 1: Increase the availability of transportation and/or accessible locations.

Objective 2: Increase the number of persons who are certified to provide prevention, intervention and treatment services.

**Performance Target:**

1. Establish a baseline regarding the availability of transportation and/or accessible service locations.
2. Establish a baseline of the number of persons that are trained to provide prevention, intervention and treatment services.
3. Average number of attendance of Drug and Alcohol Council meetings.

**Measure:** Garrett County Drug and Alcohol Resource Matrix.

## GARRETT COUNTY DRUG AND ALCOHOL ADVISORY COUNCIL

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