
CECIL COUNTY DRUG AND ALCOHOL COUNCIL

**JURISDICTIONAL PLAN FOR DRUG AND ALCOHOL ABUSE PREVENTION AND
TREATMENT SERVICES - JULY 1, 2007 THROUGH JUNE 30, 2009**

JANUARY 2009 - UPDATE

VISION:

A community free from substance abuse and dependence.

MISSION:

To reduce substance abuse and dependence and related consequences through development and implementation of a plan, strategies and priorities for meeting the identified needs of the general public and the criminal justice system, for alcohol and drug evaluation, prevention and treatment services.

DATA DRIVEN ANALYSIS OF JURISDICTIONAL NEEDS:

In 2004, a large number of Cecil County residents reported that they were “very concerned” about their children using alcohol (47.7%) or drugs (51.1%).¹ These concerns were substantiated by data collected in the 2006 Maryland Behavioral Risk Factor Surveillance Survey which showed that, among Maryland jurisdictions, Cecil County has the 3rd highest number of residents reporting chronic drinking, and the 4th highest number of residents reporting binge drinking. Further, over 43% of Cecil County households with children have reported the presence of at least one binge drinking adult annually.²

Similarly, illicit drug use in the county ranks among the highest in the state of Maryland. The average number of people reporting current illicit drug abuse or dependence in Cecil County (3.04%) exceeds the state average (2.88%)³ and nearly 29% of young adults, aged 18 to 24, report a history of illegal drug use.⁴ The 16 drug-related deaths in Cecil County in 2005 accounted for 2.2% of all deaths in the county that year. The only jurisdiction in Maryland with a higher percentage of deaths attributed to illicit drug use was Baltimore City. Similarly, Cecil County has

1 The Cecil County Community Health Survey 2004 Report. Cecil County Health Department, Elkton, Maryland, May 2005.

2 Maryland Behavioral Risk Factor Surveillance System, 2006.

3 Maryland Epidemiological Profile: Consequences of Illicit Drug Use, Alcohol Abuse, and Smoking. The Alcohol and Drug Abuse Administration and the Center for Substance Abuse Research, University of Maryland, College Park, June 14, 2007.

4 The Cecil County Community Health Survey 2004 Report, op. cit.

the 3rd highest drug-induced death rate in Maryland at a rate of 16.4 per 100,000 fatalities. Cecil County also ranks high among Maryland jurisdictions in other consequences of illicit drug use: the rate of drug-related burglaries in Cecil County was 868.5 per 100,000 population (the 4th highest in Maryland), and the rate of drug-related motor vehicle thefts in Cecil County was 288.8 per 100,000 population (6th highest in Maryland). The rate of drug-related public school suspensions in Cecil County is the 8th highest in the state of Maryland (302.4 per 100,000 students).⁵

Reducing substance abuse and related consequences, and preventing the onset and escalation of substance use by adolescents are critical goals for the Cecil County community. The strategic plan identified below is the result of work from the Cecil County Drug and Alcohol Council, a local group of concerned community members and service providers. The plan, developed by the local group, identifies the service needs of the general public and the criminal justice system, and is in response to the Council's review of available federal, state, local, and private funds used for evaluation, prevention, and treatment services. Successfully implementing the following plan is contingent upon receiving sufficient funding.

GOALS:

The goals of the jurisdictional plan for Cecil County are:

- 1) Establish an accessible and integrated continuum of substance abuse treatment services for adult residents of Cecil County.
- 2) Establish and enhance resources and programs to address the substance abuse concerns among individuals referred by the criminal justice system.
- 3) Establish an accessible and integrated continuum of substance abuse prevention, intervention and treatment services for the adolescents and their families of Cecil County.
- 4) Educate and assist families in Cecil County to live healthy and drug free lives.
- 5) Decrease perceived obstacles to prevention and treatment programs.

⁵ Maryland Epidemiological Profile, op. cit.

Objectives, Action Plan, Actual Outputs:

GOAL 1:	Establish an accessible and integrated continuum of substance abuse treatment services for adult residents of Cecil County.
Objective A:	Improve access to residential treatment services.
Action Plan:	Diminish delays between referral and admission to residential treatment services as measured by a reduction in the number of days patients remain on the residential treatment waiting lists.
Actual Outputs:	During the first half of FY09 , all county residents who met criteria for , and requested detoxification services from the local health department gained access to detox/residential treatment within 24 hours. During the first half of FY09 , the jurisdiction's purchase of care program (funded by Cigarette Restitution Funds) supported 343 days of residential treatment for 64 clients .
Objective B:	Improve existing community-based treatment to allow for increased intensity and contact with patients.
Action Plan:	Initiate intensive outpatient programming within Cecil County.
Actual Outputs:	During FY08, two Cecil County programs (the Alcohol and Drug Recovery Center of the Cecil County Health Department and the Elkton Treatment Center of the CRC Health Group) initiated intensive out-patient services for adults.
Objective C:	Improve transitional housing services for individuals in need of ongoing long-term substance abuse care.
Action Plan:	Establish a transitional recovery house for women, and expand existing housing services for men.
Actual Outputs:	Additional funding needed to accomplish this objective. During FY08, leadership from Pat's Hope House attended local council to report on efforts to develop the jurisdiction's first Female Transitional Recovery Center.

Objective D: Divert emergency department admissions of individuals experiencing mental health crises with or without coexisting substance abuse concerns.

Action Plan: Implement an emergency room diversion program.

Actual Outputs: The local Mental Health Intervention Task Force explored implementation of a mobile crisis intervention program. If funded, this program may divert persons with mental health crisis / dual diagnoses from emergency department to more appropriate services in the community. Additional planning and funding are needed accomplish this objective.

Objective E: Improve existing community-based treatment for persons addicted to narcotics.

Action Plan: Increase the availability of buprenorphine and methadone treatments for persons addicted to opioids.

Actual Outputs: The jurisdiction was approved for an ADAA grant of \$12,870 for Buprenorphine treatment. The grant will fund physician fees and up to 90 days of medication for 7 patients during FY09.

Performance Target: Improve access for Cecil County residents to integrated treatment services.

GOAL 1: Establish an accessible and integrated continuum of substance abuse treatment services for adult residents of Cecil County.	Current Funding Amount	Current Source(s) of Funding	Amount of Funding Increase Needed	Source of Budgetary Change Needed (or Received)	Changes in # or Population to be Served
(A) Improve access to residential treatment services	\$91,841	ADAA / Cigarette restitution fund (CRF)	-	-	-
(B) Improve and increase intensity of community-based treatment	-	-	TBD	TBD	TBD
(C) Improve transitional housing services	\$0	-	\$100,000	TBD	6 female beds in a transitional recovery center.
(D) Divert emergency department admissions	\$0	None	\$500,000	TBD	TBD
(E) Improve community-based treatment for persons addicted to opioids.	\$12,870	ADAA	\$26,000	TBD	Three months of Rx. for 6 patients; additional funding would expand total capacity to 18.

GOAL 2: Establish and enhance resources and programs to address the substance abuse concerns among individuals referred by the criminal justice system.

Objective A: Enhance the Adult Drug Treatment Court Program.

Action Plan: Continue and expand the Circuit Court Drug Court program to 60 participants during FY 2008 with a 10% growth each year thereafter.

Actual Outputs: During the FY08, the Adult Drug Court program achieved its goal of 60 drug court participants (since the program inception in June 2006). Additionally, during FY08, the Drug Court program was enhanced by the Circuit Court's hiring of a Drug Court Program Coordinator. The Coordinator will augment non-clinical case management needs of drug court participants.

Objective B: Enhance jail-based treatment services at the Cecil County Detention Center and Community Adult Rehabilitation Center Units.

Action Plan: Expand detention center and re-entry aftercare programs.

Actual Outputs: Additional funding needed to accomplish this objective.

Objective C: Improve existing community-based treatment to allow for increased intensity and contact with clients referred through the criminal justice system.

Action Plan: Initiate intensive outpatient programming within Cecil County.

Actual Outputs: During the FY08, the jurisdiction initiated intensive outpatient services for adult drug court participants.

Objective D: Expand utilization of a victim impact panels for DUI offenders.

Action Plan: MADD will collaborate with Cecil County judges and county treatment programs to initiate referrals of DUI offenders to victim impact panels.

Actual Outputs: Additional planning and coordination needed to accomplish this objective.

Performance Target: Improved substance-abuse related resources for individuals involved with the criminal justice system.

GOAL 2: Establish and enhance resources and programs to address the substance abuse concerns among individuals referred by the criminal justice system.	Current Funding Amount	Current Source(s) of Funding	Amount of Funding Increase Needed	Source of Budgetary Change Needed (or Received)	Changes in # or Population to be Served
(A) Enhance Drug Court	\$0	-	TBD	TBD	TBD
(B) Enhance Detention Center and Re-Entry Aftercare	\$0	-	TBD	TBD	TBD
(C) Improve and increase intensity of community-based treatment for criminal justice system referrals.	\$55,000	ADAA	\$82,500	Current funding achieved by local realignment of resources. Source of needed funding TBD	15 ADAA / Drug Court funded IOP slots. Additional funding would expand IOP to 45
(D) Increase Referrals to Victim Impact Panels	\$0	-	TBD	TBD	TBD

GOAL 3: Establish an accessible and integrated continuum of substance abuse prevention, intervention and treatment services for the adolescents and their families of Cecil County.

Objective A: Improve access for adolescents and families to residential treatment services.

Action Plan: Implement an adolescent residential treatment program within, or in close proximity to, Cecil County.

Actual Outputs: Additional funding needed to accomplish this objective.

Objective B: Expand and enhance services for the families of adolescents in substance abuse treatment.

Action Plan: Implement an evidenced-based education, counseling and case management program for the families of substance abusing adolescents.

Actual Outputs: County providers have expanded the service network with referrals to Father Martin Ashley’s “Rainbow of Hope” Program in Havre de Grace, Maryland. “Rainbow of Hope” provides education and support to children and families witnessing addiction.

- Objective C:** Extend the benefits of the drug court treatment model to adolescent offenders and their families.
- Action Plan:** Complete feasibility study for an adolescent diversion-model drug court. If warranted, obtain funding to begin a court program.
- Actual Outputs:** Additional funding needed to accomplish this objective.
- Objective D:** Expand access to criminal justice diversion programs for youth.
- Action Plan:** Implement additional neighborhood youth panel / teen court programs within Cecil County.
- Actual Outputs:** During the FY09, with funding from the Governor's Office of Crime Control and Prevention, an existing neighborhood youth panel in Rising Sun was expanded, and new neighborhood youth panels were initiated in Elkton and North East.
- Objective E:** Raise awareness about the dangers and consequences of drug use among youth in Cecil County
- Action Plan E:** Implement community events and media campaigns, (including flyers distribution, development of local media ads and/or billboards) to prevent inappropriate drug use.
- Actual Outputs:** During the FY08, the jurisdiction sponsored a media campaign to raise awareness on the dangers of prescription drug abuse. 495 broadcasts of the public services announcement (PSA) connected to 15,754 households. The PSA aired in Elkton, North-East and Charlestown, on five channels, (ABC-Family, Comedy Central, Food, Discovery, and ESPN-2).
- Objective F:** Increase the number of Cecil County youth who participate in science-based programs that promote resiliency skills and educate on the dangers of drug use.
- Action Plan F:** Expand existing and implement new drug use prevention programs services targeting youth in Cecil County.
- Actual Outputs:** Additional funding needed to accomplish this objective.

Performance Target: Improve access for Cecil County adolescents and their families to integrated prevention, intervention and treatment services.

GOAL 3: Establish an accessible and integrated continuum of substance abuse treatment services for adult residents of Cecil County.	Current Funding Amount	Current Source(s) of Funding	Amount of Funding Increase Needed	Source of Budgetary Change Needed (or Received)	Changes in # or Population to be Served
(A) Improve access to adolescent residential treatment	\$0	-	\$500,000	TBD	8 adolescent residential treatment slots
(B) Expand Education and Counseling for Families	\$0	-	TBD	TBD	TBD
(C) Extend the benefits of the drug court treatment model to adolescent offenders and their families	\$0	-	TBD	TBD	TBD
(D) Expand access to criminal justice diversion programs for youth, i.e. Neighborhood Youth Panel	\$25,676	GOCCP, DJS	\$57,000	TBD	Initiate new programs for youth in Elkton & North-East
(E) Raise awareness about the dangers and consequences of drug use among youth in Cecil County (via Community Events and Media Campaigns)	\$2,500	ADAA (local treatment grant)	-	Local realignment of resources	15,754 households in Elkton, North-East & Charlestown
(F) Increase the number of Cecil County youth who participate in science-based programs that promote resiliency skills and educate on the dangers of drug use; (Expand Prevention)	\$0	-	\$120,000	TBD	250 youth

GOAL 4: Educate and assist families in Cecil County to live healthy and drug free lives.

Objective A: Improve awareness among healthcare providers about the importance of screening their patients for substance abuse.

Action Plan: Increase the percentage of healthcare providers who routinely screen and refer patients experiencing substance abuse concerns.

Actual Outputs: In recognition of National Recovery Month in September 2007, the jurisdiction unveiled a community resource pamphlet for substance abuse treatment and prevention services. The pamphlet entitled, “Are You Concerned about Someone’s Alcohol or Drug Use?” identified signs that might indicate an alcohol and drug problem, and encouraged those concerned to call for assistance. The pamphlet was distributed from the waiting rooms of the Union Hospital Emergency Department, offices of primary care physicians, the Cecil County Health Department, and other community organizations. The Local Council committed funding to support printing and distribution of the pamphlet. **Distribution of the resource pamphlet continued during the first half of FY09.**

Objective B: Reduce the prevalence of high risk substance abusing behaviors among residents as indicated by Cecil County Community Health Survey and Maryland Adolescent Survey.

Action Plan: Utilize multi-media initiatives to change individual and community norms.

Actual Outputs: Additional funding needed to accomplish this objective.

Performance Target: Increased awareness of substance-abuse related concerns among Cecil County residents.

GOAL 4: Educate and assist families in Cecil County to live healthy and drug free lives.	Current Funding Amount	Current Source(s) of Funding	Amount of Funding Increase Needed	Source of Budgetary Change Needed (or Received)	Changes in # or Population to be Served
(A) Improve awareness among healthcare providers on the importance of screening their patients for substance abuse.	\$1,000	ADAA (local treatment grant)	-	Local realignment of resources	Current funding facilitated printing and distribution of 5,000 community resource pamphlets
(B) Reduce the prevalence of high risk substance abusing behaviors.	\$0	-	\$50,000	TBD	TBD

GOAL 5: Decrease perceived obstacles to prevention and treatment programs.

Objective A: Improve transportation resources for clients.

Action Plan: Establish new transportation resources for Cecil County residents seeking prevention and treatment services.

Actual Outputs: Additional funding needed to accomplish this objective.

Objective B: Decrease distance between the County residents who need services and treatment locations.

Action Plan: Evaluate viable locations for new satellite community-based programming.

Actual Outputs: The West Cecil Health Center, a Federally Qualified Health Center serving the uninsured and the insured, opened on January 1, 2008 in Conowingo.

Objective C: Improve services for non-English speaking community members.

Action Plan: Implement a Spanish-speaking outpatient treatment program to serve the Latino Community.

Actual Outputs: During FY09, the Alcohol and Drug Recovery Center of the Cecil County Health Department implemented an Adult Latino (Spanish-speaking) Out-Patient group.

Performance Target: Increased attendance and participation of those community members in need of services.

GOAL 5: Decrease perceived obstacles to prevention and treatment programs.	Current Funding Amount	Current Source(s) of Funding	Amount of Funding Increase Needed	Source of Budgetary Change Needed (or Received)	Changes in # or Population to be Served
(A) Improve transportation resources	\$0	-	TBD	TBD	TBD
(B) Decrease distance between the County residents who need services and treatment locations, (via Satellite offices).	\$0	-	TBD	TBD	TBD
(C) Therapy Groups for the Latino Community	-	ADAA (local treatment grant)	-	Local realignment of resources	15 treatment slots for Hispanic / Spanish speaking community members