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**ALLEGANY COUNTY, MARYLAND**  
**STRATEGIC PLAN FOR ALCOHOL AND DRUG ABUSE**  
*June 3, 2005*

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**VISION:** Allegany County- A Healthy, Drug Free Community

**MISSION:** To reduce the incidence and prevalence of alcohol and drug abuse in Allegany County.

**GOAL 1:** Educate and assist families of Allegany County to live healthy and drug free lives.

**Objective 1:** Use appropriate evidence-based prevention programs in all targeted population settings. (DARE To Be You, Creating Lasting Family Connections, Project ALERT, Life Skills, & All Stars)

**Objective 2:** Increase the effectiveness of prevention activities by targeting parents who are in drug treatment, incarcerated, or in other high-risk situations. (Creating Lasting Family Connections & DARE To Be You)

**Objective 3:** Utilize environmental strategies to change individual norms and perspectives regarding substance use and abuse. (After-Prom, underage drinking, & policies on tobacco and alcohol use)

**Objective 4:** To work with the “Got Hope” group and other community based organizations to address drug and alcohol problems identified by the community.

**Objective 5:** To work with the Sheriff’s Office to initiate the P.L.A.Y. program. (Parents, law enforcement, and youth)

**Performance Target:** Reduce the overall incidence of first use of substances among youth and increase parental involvement in setting rules about substance use.

**Measure:** Evaluation of evidence-based programs.

**GOAL 2:** Provide integrated continuum of efficient and effective treatment services.

- Objective 1:** Maintain 25 adult residential “ASAM Level III.7” beds for the treatment of substance abuse disorders. (Massie Unit)
- Objective 2:** Maintain 33 adolescent residential “ASAM Level III.7” beds for the treatment of substance abuse disorders. (Jackson Unit)
- Objective 3:** Maintain 253 “ASAM Level I” outpatient slots for the treatment of substance abuse disorders. (Outpatient Addictions Unit including Alternative School)
- Objective 4:** Maintain 11 halfway house “ASAM Level III.1” beds for the treatment of substance abuse disorders. (Halfway House)
- Objective 5:** Maintain 22 “ASAM Level II.1” J.S.A.P. slots for the treatment of substance abuse disorders. (Jail Substance Abuse Program)
- Objective 6:** Maintain 20 intensive outpatient “ASAM Level II.1” slots for the treatment of substance abuse disorders. (IOP)
- Objective 7:** Maintain 35 (Medication Assisted Treatment) MAT “ASAM Level I” slots for the treatment of substance abuse disorders. (Methadone Clinic)
- Objective 8:** Maintain 30 (Medication Assisted Treatment) MAT “ASAM Level I” slots for the treatment of Opioid abuse disorders using Buprenorphine (Suboxone).

**Performance Target:** Reduce the negative consequences of substance abuse in the treated population.

**Measure:** SAMIS Outcome Measures

**GOAL 3:** Increase the availability of existing treatment services.

**Objective 1:** Provide 5 new adult residential “ASAM Level III.7D” detoxification beds. (Massie Unit)

**Objective 2:** Provide 10 new adult residential “ASAM Level III.7” beds. (Massie Unit)

**Objective 3:** Increase “ASAM Level III.7” adolescent beds by 15. (Jackson Unit)

**Objective 4:** Hire full time doctor for addiction services to provide psychiatric services/mental health services to “ASAM Level I through III.7D”. (Outpatient Addictions, Alternative School, Massie Unit, and Jackson Unit)

**Objective 5:** Increase capacity in the jail program by 8 slots.

**Objective 6:** Increase outpatient “ASAM Level I” capacity by 30 treatment slots. (Outpatient Addictions including Alternative School)

**Objective 7:** Increase MAT capacity by 35 treatment slots. (Methadone Clinic)

**Objective 8:** Increase MAT capacity by 35 treatment slots. (Buprenorphine)

**Performance Target:** Eliminate waiting list.

**Measure:** Number of clients on waiting list.

**GOAL 4:** Establish labor pool of qualified professionals to staff prevention and addiction treatment services.

**Objective 1:** To pursue partnerships with higher education.

**Objective 2:** Improve the overall compensation and benefit package for administrative and clinical staff.

**Objective 3:** Work to establish entry-level counselor certification requirements that are clear, objective, and based on standard degree programs offered by colleges and universities.

**Objective 4:** Maintain staff development through technical assistance and training.

**Performance Target:** Recruitment and retention of qualified leadership and clinical and prevention staff.

**Measure:** Vacant positions are able to be filled in a timely manner with qualified individuals

**GOAL 5:** To educate students in Allegany County in making healthy decisions regarding substance abuse issues. (CASASTART Program)

**Objective 1:** Expand community capacity and resources already established through the Local Management Board, for referred youth and their families.

**Objective 2:** Establish a seamless referral system between families, schools, agencies, and the supporting child networks for more efficient delivery of supportive services.

**Objective 3:** Identify and work with family's social supports including faith-based organizations, neighborhood associations and clubs.

**Objective 4:** Communicate resiliency and strength-based skills in youth by promoting the ASSET Development Program, as adopted by the LMB.

**Objective 5:** Provide continued support of the new D.A.R.E. program in our public schools including the fifth and seventh grade curriculums.

**Objective 6:** Continue to work with and encourage the continued commitment of resources by the Maryland State Police, Allegany County Sheriff's Office, and the City of Cumberland in our D.A.R.E. program.

**Performance Target:** Reduce the overall incidence of first use of substances among youth ages 11-17.

**Measure:** Evaluation of Maryland Adolescent Survey