

**Maryland Institute of Alcoholism and  
Drug Abuse Studies**

**OETAS**  
**Summer 2013**  
**Training**  
**Schedule**

**Maryland**  
**Alcohol and Drug Abuse Administration**  
**Catonsville, Maryland**

**OETAS**  
**Summer 2013 - Training Schedule**  
**Courses and Workshops**

<b>JULY</b>	
24, 25 and 26	<b>The Addicted Patient with Depression</b> - Jeffrey Gary, Ph.D. – Clinical Director, First Step, Inc., Baltimore, MD - 21 Hours
30 and 31	<b>Cultural Competence: Enhance Your Recovery Oriented Services</b> - Olivia Myers, LCSW-C, Trauma Coordinator – Springfield Hospital Center, Sykesville, MD & Angela Caldwell, MS, CSC-AD, Clinical Supervisor – Montgomery Recovery Services, Licensed Massage Therapist, Rockville, MD - 14 Hours
<b>AUGUST</b>	
13, 14 and 15	<b>Strategizing Client Care through Treatment Planning</b> - Tom Dolan, Grad. Cert., CAC-AD, Clinical Supervisor, and Adjunct Professor: Chemical Dependency Curriculum, Community Colleges of Baltimore County, Baltimore, MD - 21 Hours
20, 21 and 22	<b>Understanding and Using Research to Inform Clinical Practice</b> - Betsy McCaul, Professor – Johns Hopkins University School of Medicine, Baltimore, MD - 21 Hours
<b>SEPTEMBER</b>	
20	<b>Traumatic Brain Injury</b> - Anastasia Edmonston, MS, CRC, TBI and Person Centered Planning Trainer, Maryland Mental Hygiene Administration, Catonsville, MD - 7 Hours
25, 26 and 27	<b>Issues &amp; Ethics for the Helping Professional</b> - Gregory M. Hunter, M.C.P., M.S., L.C.S.W-C, C.I.S.D – Psychotherapist and Trainer in private practice, Baltimore, MD - 21 Hours

**REGISTRATION**

An application for registration of courses can be found on the last page of this catalogue. **You may also download application forms from our web site at <http://adaa.dhmh.maryland.gov/>.** To do this, look to the left of the web page for the OETAS link to download the catalog and application. Fill out the application right on the web site, print it out and mail your application with payment to the OETAS office. **APPLICATIONS WITHOUT FULL PAYMENT CANNOT BE ACCEPTED.** Only agencies paying by R\*STARS transfer may FAX applications with the CUR DOC number. You will receive confirmation, including directions to the training by e-mail. For those applicants without email, a confirmation will be mailed to the address provided on the application. **If you do not receive confirmation concerning your registration, you are not registered. Contact the OETAS office prior to class attendance.** Only checks, money orders or R\*Stars Transfers are accepted as payment. Purchase orders will be accepted from Federal Agencies only. If you are registering for more than one course or workshop, you may use one application.

July 24, 25 & 26, 2013

**The Addicted Patient with Depression** - Jeffrey Gary, Ph.D. – Clinical Director, First Step, Inc., Baltimore, MD - 21 Hours

Patients with substance use disorders frequently indicate that they are experiencing depression, both during active substance use and in various stages of recovery. While the assumption has traditionally been that the depression is directly related to the substance history, this is not always the case. This course is designed to help the addictions practitioner understand the causes of depression, and how to help the patient who is experiencing depression. Other mood disorders will also be discussed. Topics include: signs and symptoms of mood disorders, drug related, exogenous, and endogenous depression, medications, assessment, and interventions. **This course applies toward the Co-occurring Disorders Specialty Certificate and the training requirement for the State of Maryland's position classification of Alcohol and Drug Abuse Counselor, Advanced. A test with a minimum passing grade of 70 is required for those individuals seeking the certification.**

July 30 & 31, 2013

**Cultural Competence: Enhance Your Recovery Oriented Services** - Olivia Myers, LCSW-C, Trauma Coordinator – Springfield Hospital Center, Sykesville, MD & Angela Caldwell, MS, CSC-AD, Clinical Supervisor – Montgomery Recovery Services, Licensed Massage Therapist, Rockville, MD - 14 Hours

This training is designed to provide the participant with basic behavioral and sociological knowledge in order to develop a professional framework to: 1) understand issues of difference (race, gender, religion, sexual orientation, age, etc.), 2) explore values and social change strategies in the intervention with persons addicted to drugs and alcohol on both clinical and institutional levels, and 3) to help the professional in the search for practical applications and strategies for change. Participants will leave with ideas for how they can use their own awareness, communication skills, and personal strengths to enhance their recovery oriented and culturally competent practices.

August 13, 14 & 15, 2013

**Strategizing Client Care through Treatment Planning** - Tom Dolan, Grad. Cert., CAC-AD, Clinical Supervisor, and Adjunct Professor: Chemical Dependency Curriculum, Community Colleges of Baltimore County, Baltimore, MD - 21 Hours

Addiction clinicians are under continuous demand to improve client retention and outcomes. Improving retention and outcomes requires honing practitioner skill to individualize, behavioralize, and produce change-appropriate and measurable treatment interventions. This experiential course will cover the basics of treatment planning. Importantly however, it will emphasize strategizing client treatment through empowering participants to be critical thinkers and by focusing on development of client interventions compatible with the evidence based Stages of Change and Motivational Interviewing models.

**Prerequisites: Introduction to Addictions and/or Screening and Assessment course.**

August 20, 21 & 22, 2013

**Understanding and Using Research to Inform Clinical Practice** - Betsy McCaul, Professor – Johns Hopkins University School of Medicine, Baltimore, MD - 21 Hours

**Class size will be limited to the first 14 paid registrants.**

The goal of this course is to help clinicians identify and incorporate the best available science into their practice. This course will provide participants with an overview of the types and designs of clinical research studies. It will help clinicians interpret and judge the quality of research. This course will be very practical in content and will include time in the computer lab locating and using internet resources. Types of research, basic research design, interpretation of study results, types of publications, and

learning the keys to judging the quality of research will be explored. **This course applies towards the Co-Occurring Disorders Specialty Certificate and the training requirement for the State of Maryland's position classification of Alcohol and Drug Abuse Counselor, Advanced. A test with a minimum passing grade of 70 is required for those individuals seeking the certification.**

September 20, 2013

**Traumatic Brain Injury** - *Anastasia Edmonston, MS, CRC, TBI and Person Centered Planning Trainer, Maryland Mental Hygiene Administration, Catonsville, MD - 7 Hours*

This workshop will provide attendees with an overview of traumatic brain injury (TBI). Its causes and functional implications will be described using case examples and short video clips. Consideration of brain injury as a co-occurring condition among those with mental health and substance abuse disorders will be discussed along with suggested strategies to support individuals living with brain injury at home, work and in the community.

September 25, 26 & 27, 2013

**Issues & Ethics for the Helping Professional** - *Gregory M. Hunter, M.C.P., M.S., L.C.S.W-C, C.I.S.D – Psychotherapist and Trainer in private practice, Baltimore, MD - 21 Hours*

The clinician is constantly being faced with ethical and professional issues that relate to their practice. These issues often require that the helper reexamine how their life experiences and values affect the therapeutic process. Counselors are continually being challenged by questions regarding confidentiality, cultural sensitivity, competence, boundaries and multiple relationships in addition to client/counselor rights. These ethical and/or legal issues are tremendously important if you provide individual, group or family counseling; whether you are a supervisor, consultant or counselor working in the community. This three-day training will assist participants in developing the critical skills necessary for ethical decision-making and for understanding the various levels of ethical practice. Use of real-life case studies and role-playing will provide the participants with opportunities to practice effective strategies to bring about the most positive outcomes for the counselor and the client. A review of various professional standards and Codes of Ethics will be discussed including NAADAC, the Association for Addiction Professionals and the National Association of Social Workers (NASW).

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#### **GENERAL CLASS INFORMATION & FEES:**

All classes are held at the ADAA in the ground floor OETAS training room from 8:30a.m. to 4:30p.m. This includes a 1-hour lunch and (2) fifteen minute breaks.

Seven hour course: 8:30 a.m. to 4:30 p.m.	\$70.00 (1 Day Course) 7 CEU
Fourteen hour course: 8:30 a.m. to 4:30 p.m.	\$110.00 (2 Day Course) 14 CEU
Twenty-one hour course: 8:30 a.m. to 4:30 p.m.	\$160.00 (3 Day Course) 21 CEU

#### **ABOUT OETAS**

The Office of Education and Training for Addiction Services (OETAS) is a unit within the ROSC Division of the Maryland Alcohol and Drug Abuse Administration. Our mission is to design and deliver addictions training to meet the varied needs of professionals across Maryland who work with at risk, substance abusing and substance dependent individuals and their families. For over thirty years, OETAS has responded to the needs of beginning and experienced addictions practitioners by providing high quality continuing education training.

## REFUND/CREDIT POLICY

A refund or credit will be granted when a Refund/Credit Request Form is received at the OETAS office no later than five working days prior to the first class session. A copy of the Refund/Credit Request form is on the reverse side of this page or can be downloaded from <http://adaa.dhmh.maryland.gov/> under the OETAS link. Please allow 6-8 weeks for refunds to arrive in the mail.

## INCLEMENT WEATHER POLICY

If, as of 7:00 a.m. on the morning of a scheduled OETAS class, Baltimore County Public Schools are **delayed** or **closed**, then the OETAS class will be postponed to a later date. We will notify you regarding the rescheduling of the session via e-mail and/or phone call. If you have any questions, please call our main number, 410-402-8585.

## PREREQUISITES

Prerequisites are identified for many of the courses and workshops we offer. They may be viewed as a guide to the participant regarding knowledge or skills needed in order to participate fully and benefit from the course or workshop. Prior to registering for a course or workshop participants should evaluate whether they possess the knowledge or skills needed to understand the content and participate fully. Participants should not expect the instructor to alter the course material or presentation to accommodate the participants' knowledge or skill gaps.

## CERTIFICATES

OETAS is approved to grant Continuing Education Units (CEU) by the organizations listed below. All course and workshop participants will receive a certificate of participation for each training event they attend.

**Participants must attend all hours of training in order to receive a certificate.**

Alcohol and Drug Counselors - The Maryland Board of Professional Counselors and Therapists and the Maryland Addictions Professional Certification Board (MAPCB) have approved all OETAS courses and seminars for CEU.

Social Workers and Certified Professional Counselors - The Maryland State Board of Social Work Examiners has approved all OETAS courses for Category 1 CEU.

Psychologists - The State Board of Examiners of Psychologists has approved all OETAS courses for CEU.

Alcohol and Drug Abuse Administration  
 Office of Education and Training of Addiction Services (OETAS)  
 55 Wade Avenue, Catonsville, MD, 21228  
 (410) 402-8585 Fax: (410) 402-8604  
 Website: <http://adaa.dhmh.maryland.gov/>

For OETAS use only

**SUMMER 2013 COMMUTER APPLICATION**

*Please print all information clearly:*

Name: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Employer: \_\_\_\_\_ County: \_\_\_\_\_

Employer Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**COURSE/WORKSHOP SELECTION:** Please check box of all courses for which you are submitting payment. Confirmation(s) will be sent via e-mail.

<b>1 Day Class (\$70)</b>	<b>3 Day Class (\$160)</b>	<b>3 Day Class (\$160)</b>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Traumatic Brain Injury September 20, 2013	The Addicted Patient with Depression July 24, 25 and 26, 2013	Understanding & Using Research to Inform Clinical Practice August 20, 21 and 22, 2013
<b>2 Day Class (\$110)</b>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cultural Competence July 30 and 31, 2013	Strategizing Client Care through Treatment Planning August 13, 14 and 15, 2013	Issues & Ethics for the Helping Professional September 25, 26 and 27, 2013

Total Amount Enclosed: \$ \_\_\_\_\_

**ONLY CHECK, MONEY ORDER AND R\*STARS TRANSFER ACCEPTED**

*This application **will not** be accepted without payment. Make checks and money orders payable to **DHMH-OETAS**. DO NOT SEND CASH. Purchase orders are accepted from federal agencies only.*

Agency: **MOO**  
 PCA: **K105S**  
 Revenue Object: **6657**  
 R\*STARS Transaction Code: **410**  
 Index Code: **10900**

When processing the R\*STARS transaction, indicate the student's name and course name in the description field.

**Important:** Show payment by supplying the transaction Cur Doc Number below and return to OETAS in order to complete the registration.

**R\*STARS Transfer for Maryland State Agency Use Only:**

CUR DOC # \_\_\_\_\_ FISCAL OFFICER \_\_\_\_\_

PHONE \_\_\_\_\_

**FAX R\*STARS TRANSACTIONS TO: 410-402-8604**

## OETAS Refund/Credit Request Form

**All items must be completed in order to process the request:**

Name:	Home Address:
Home Phone:	Work Phone:

Employer/Agency:

Employer/Agency Address:

**Request is for (please check only one):**

<input type="checkbox"/> <b>REFUND</b> Refund for payment made by Check or Money Order will be sent to the payee at the address provided on this form. Please allow 6 weeks for processing.	<input type="checkbox"/> <b>CREDIT</b> Credit for original paid amount will be issued and is good for 1 year, from date of the first class. Credit will expire if not used within the year.
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Course Title:	Course Date(s):
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Amount Paid:

**Payment Method:**

Personal Check or Money Order Number:	Social Security Number:
Agency Check Number:	Federal ID (FEIN) Number:

**MD State Agency--Paid by R\*STARS Transfer:**

Cur Doc Number:	Federal ID (FEIN) Number:
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Reason for Request:

Signature of Person Submitting Request:	Date:
_____	_____

**Return or Fax to:**  
**OETAS**  
**55 Wade Ave.**  
**Catonsville MD 21228**  
**Fax #: 410-402-8604**

Maryland Institute of Alcoholism and  
Drug Abuse Studies

**OETAS**  
**Summer 2013**  
**Training Schedule**

The Maryland Department of Health and Mental Hygiene (DHMH) does not discriminate on the basis of race, color, sex, national origin, or disability in the operation and administration of its services, facilities, programs, benefits and employment opportunities.