

Maryland Institute of Alcoholism and
Drug Abuse Studies

OETAS
Fall 2013
Training Schedule

The Maryland Department of Health and Mental Hygiene (DHMH) does not discriminate on the basis of race, color, sex, national origin, or disability in the operation and administration of its services, facilities, programs, benefits and employment opportunities.

**Maryland Institute of Alcoholism and
Drug Abuse Studies**

OETAS
Fall 2013
Training
Schedule

Maryland
Alcohol and Drug Abuse Administration
Catonsville, Maryland

OETAS
Fall 2013 - Training Schedule
Commuter Courses and Workshops

NOVEMBER	
19, 20 and 21 Session Full	- Introduction to Addictions – Gregory Hunter, MPC, MS, LCSW-C, CISD, Therapist and Trainer in Private Practice, Baltimore, MD – 21 Hours
DECEMBER	
3 and 4 Session Full	Motivational Interviewing Techniques – Dace Svikis – PhD, Professor, Director of Research Institute for Women’s Health, Virginia Commonwealth University, Richmond, Virginia – 14 Hours
10, 11 and 12 Session Full	Developing Clinical Supervision Skills – Thomas Dolan, Grad. Cert., CAC-AD, Adjunct Professor: Chemical Dependency Curriculum, Community Colleges of Balto. County, Baltimore, MD – 21 Hours
JANUARY	
21, 22 and 23 Session Full	The Family in Recovery – Anna Agnew, LCSW-C, Private Practice and Training Consultant, Adjunct Faculty at Harford Community College, Bel Air, MD – 21 Hours This training is taking place in the OETAS Training Room on the ground floor of the ADAA building in Catonsville.
17, 24 and 31 Session Full	The Addicted Patient with Anxiety Disorder – Betsy McCaul, Professor, Johns Hopkins University School of Medicine, Baltimore, MD – 21 Hours
FEBRUARY	
12, 13 and 14	The Adolescent with Co-Occurring Disorders – Jeffrey Gary, Ph.D., Clinical Director, First Step, Inc., Baltimore, MD – 21 Hours

REGISTRATION:

An application for registration of courses can be found on the last page of this catalog. **You may also download application forms from our web site at www.adaa.dhmmh.maryland.gov.** To do this, look to the left of the web page for the OETAS link to download the catalog and application. Fill out the application right on the web site, print it out and mail your application with payment to the **OETAS office at ADAA, 55 Wade Avenue, Catonsville, MD 21228. APPLICATIONS WITHOUT FULL PAYMENT CANNOT BE ACCEPTED.** Only agencies paying by R*STARS transfer may FAX applications with the CUR DOC number. You will receive confirmation, including directions to the training by e-mail. For those applicants without email, a confirmation will be mailed to the address provided on the application. **If you do not receive confirmation concerning your registration, you are not registered. Contact the OETAS office prior to class attendance.** Only checks, money orders or R*Stars Transfers are accepted as payment. Purchase orders will be accepted from Federal Agencies only. If you are registering for more than one course or workshop, you may use one application.

OETAS courses and workshops are scheduled from 8:30 AM – 4:30 PM in the OETAS Training Room. The OETAS Training Room is located on the ground floor of the Alcohol and Drug Abuse Administration, 55 Wade Avenue, Catonsville, MD 21228. Directions will be e-mailed with your confirmation or can be found at www.adaa.dhmmh.maryland.gov.

For OETAS use only

Alcohol and Drug Abuse Administration
Office of Education and Training of Addiction Services (OETAS)
55 Wade Avenue, Catonsville, MD, 21228
(410) 402-8585 Fax: (410) 402-8604
Website: <http://adaa.dhmmh.maryland.gov>

FALL 2013 COMMUTER APPLICATION

Please print all information clearly:

Name: _____ Social Security #: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ E-mail: _____

Employer: _____ County: _____

Employer Phone: _____ Fax: _____

COURSE/WORKSHOP SELECTION: Please check box of all courses for which you are submitting payment. Confirmation(s) will be sent via e-mail.

2 Day Class (\$110)	3 Day Class (\$160)	3 Day Class (\$160)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motivational Interviewing Techniques December 3 and 4, 2013	Introduction to Addictions November 19, 20 and 21, 2013	The Addicted Patient with Anxiety Disorder January 17, 24 and 31, 2014
	<input type="checkbox"/>	<input type="checkbox"/>
	Developing Clinical Supervision Skills December 10, 11 and 12, 2013	The Adolescent with Co-Occurring Disorders February 12, 13 and 14, 2014
	<input type="checkbox"/>	
	The Family in Recovery January 21, 22 and 23, 2014 This training is taking place OETAS Training Room ADAA building in Catonsville	

Total Amount Enclosed: \$ _____

ONLY CHECK, MONEY ORDER AND R*STARS TRANSFER ACCEPTED
This application **will not** be accepted without payment. Make checks and money orders payable to **DHMMH-OETAS**.
DO NOT SEND CASH. Purchase orders are accepted from federal agencies only.

Agency: **MOO**
PCA: **K105S**
Revenue Object: **6657**
R*STARS Transaction Code: **410**
Index Code: **10900**

When processing the R*STARS transaction, indicate the student’s name and course name in the description field.
Important: Show payment by supplying the transaction Cur Doc Number below and return to OETAS in order to complete the registration.

R*STARS Transfer for Maryland State Agency Use Only:

CUR DOC # _____ FISCAL OFFICER _____ PHONE _____

November 19, 20 and 21, 2013 - Session Full

Introduction to Addictions – Gregory Hunter, MPC, MS, LCSW-C, CISD, Therapist and Trainer in Private Practice, Baltimore, MD – 21 Hours

This three day course will offer specific strategies to address the need for today's mental health, addiction counselors and peer mentors to integrate an increasingly diverse range of knowledge across many fields to be prepared to meet the needs of clients. The course encourages participants to develop knowledge and sensitivity to issues of family, culture, ethnicity, abilities, sexual orientation, gender and spirituality.

This course addresses the fundamental concepts and issues necessary to gain a basic understanding of addictions. Areas of focus include models of addiction, definition of chemical dependency, the DSM 5 diagnostic criteria for Substance Use Disorders, modalities of treatment, treatment practices, and clinical issues involved in treating the addicted population such as denial and defenses, stages of recovery, relapse and relapse prevention counseling, shame and guilt, co-occurring disorders, effects on the family, intervention and 12 Step groups. The knowledge, skills and abilities required to be an effective addictions counselor, mental and behavioral health provider and/or peer mentor and a code of ethics for all professionals will be introduced.

December 3 and 4, 2013 - Session Full

Motivational Interviewing Techniques: Skill Building – Daci Svikis, PhD, Professor, Director of Research Institute for Women's Health, Virginia Commonwealth University, Richmond, Virginia – 14 Hours

The focus of this workshop is to learn and practice selected techniques that, within the motivational interviewing framework, are commonly used to stimulate change processes. Selected techniques include non-verbal "encouragers," and opening strategies that include open-ended questions, reflective listening, summarizing, and affirming. Eliciting self-motivating statements by asking evocative questions, exploring pros and cons, using extremes, looking forward and looking back will be covered. In addition, strategies for handling resistance such as simple, amplified, and double sided reflection, shifting focus, reframing, agreement with a twist, emphasizing personal control and siding with the negative will be learned and practiced. The stage within which a technique is most likely to stimulate change processes will be identified.

December 10, 11 and 12, 2013 - Session Full

Developing Clinical Supervision Skills – Thomas Dolan, Grad. Cert., CAC-AD, Adjunct Professor: Chemical Dependency Curriculum, Community Colleges of Baltimore County, Baltimore, MD – 21 Hours

This experiential course is designed to help the clinical supervisor develop skills in three areas; self-assessment of clinical and supervisory skills, assessing counselor clinical skills and developing professional growth plans, and teaching clinical skills to counselors. Topics include: characteristics of effective supervisors, self-assessment tools and techniques, ethical issues in supervision, accessing current research, counselor assessment tools and techniques, professional growth plans, adult learning theory, and clinical supervision vs. counseling.

This course applies toward the specialized training requirement for the State of Maryland's position classification of Alcohol and Drug Abuse Counselor, Supervisor.

January 17, 24 and 31, 2014 - Session Full

The Addicted Patient With Anxiety Disorders – Betsy McCaul, Professor, Johns Hopkins University School of Medicine, Baltimore, MD – 21 Hours

This course is designed to help the practitioner understand the types and causes of anxiety disorders and how to help the substance abusing patient who is diagnosed with an anxiety disorder. Assessment, medications, and interventions are identified and discussed. This course is primarily didactic, with some case-oriented skill building in assessment, treatment planning, and interventions.

This course applies toward the Co-Occurring Disorders Specialty Certificate and the specialized training requirement for the State of Maryland's position classification of Alcohol and Drug Abuse Counselor, Advanced.

Prerequisites: Introductory addictions, screening and assessment, and basic counseling skills courses.

January 21, 22 and 23, 2014 - Session Full

The Family in Recovery – Anna Agnew, LCSW-C, Private Practice and Training Consultant, Adjunct Faculty at Harford Community College, Bel Air, MD – 21 Hours **This training is taking place in the OETAS Training Room on the ground floor of the ADAA building in Catonsville.**

Addiction is sometimes called a "family disease" since it affects the entire family. This course will focus upon three central themes of a family system: belonging/inclusion, leadership/control, and intimacy/affection. When the family is in active addiction and in recovery, these three central themes can be disruptive to the family's healthy functioning. Practitioners aware of the stages a family encounters in addiction and recovery can better address the patient(s) and their family through the recovery process. Attention will be given to emotional relapse during discussion of the central themes.

This course applies toward the specialized training requirement for the State of Maryland's position classification of Alcohol and Drug Abuse Counselor, Advanced.

February 12, 13 and 14, 2014

The Adolescent with Co-Occurring Disorders – Jeffrey Gary, Ph.D., Clinical Director, First Step, Inc., Baltimore, MD – 21 Hours

This course is designed for the clinician who is working with adolescents with co-existing substance use and mental health disorders. A rigorous biopsychosocial approach can help the teen and the family feel pre-accepted, and ready to progress to better health. Case examples provided by the instructor and course participants will be the point of departure for moving step-by-step through screening, assessing, intervening, and treating the adolescent in your program. Participants will also become oriented to assessment measures, to a specific method for determining an appropriate level of care, and to evidence-based practices. Participation is expected of all participants, but in a non-judgmental, supportive and relaxed atmosphere. This is an intermediate level course, designed for all behavioral health practitioners.

This course applies toward the Co-Occurring Disorders specialty certificate and the specialized training requirement for the State of Maryland's position classification of Alcohol and Drug Abuse Counselor, Advanced.

CERTIFICATES:

OETAS is approved to grant Continuing Education Units (CEU) by the organizations listed below. All course and workshop participants will receive a certificate of participation for each training event they attend. **Participants must attend all hours of training in order to receive a certificate.**

Alcohol and Drug Counselors - The Maryland Board of Professional Counselors and Therapists and the Maryland Addictions Professional Certification Board (MAPCB) have approved all OETAS courses and seminars for CEU.

Social Workers and Certified Professional Counselors - The Maryland State Board of Social Work Examiners has approved all OETAS courses for Category 1 CEU.

Psychologists - The State Board of Examiners of Psychologists has approved all OETAS courses for CEU.

GENERAL INFORMATION, FEES and CEUs:

OETAS courses and workshops are scheduled from 8:30 AM – 4:30 PM in the OETAS Training Room. The OETAS Training Room is located on the ground floor of the Alcohol and Drug Abuse Administration, 55 Wade Avenue, Catonsville, MD 21228. Directions will be e-mailed with your confirmation or can be found at www.adaa.dhmh.maryland.gov.

Fourteen hour course:	8:30 a.m. to 4:30 p.m.	\$110.00 (2 Day Course)	14 CEU
Twenty-one hour course:	8:30 a.m. to 4:30 p.m.	\$160.00 (3 Day Course)	21 CEU

ABOUT OETAS:

The Office of Education and Training for Addiction Services (OETAS) is a unit within the ROSC Division of the Maryland Alcohol and Drug Abuse Administration. Our mission is to design and deliver addictions training to meet the varied needs of professionals across Maryland who work with at risk, substance abusing and substance dependent individuals and their families. For over thirty years, OETAS has responded to the needs of beginning and experienced addictions and mental health practitioners by providing high quality continuing education training.

REFUND/CREDIT POLICY:

A refund or credit will be granted when a Refund Credit Request Form is received at the OETAS office **no later than five working days prior to the first class session**. Please allow 6-8 weeks for refunds to arrive in the mail. The Social Security Number of the student(s) requesting refund must be included on the Refund Credit Request Form in order for a refund to be processed. This form can be downloaded from www.adaa.dhmh.maryland.gov under the OETAS link and on page 2 of this catalog.

INCLEMENT WEATHER POLICY:

If, as of 7:00 a.m. on the morning of a scheduled OETAS class, Baltimore County Public Schools are **delayed** or **closed**, then the OETAS class will be postponed to a later date. We will notify you regarding the rescheduling of the session via e-mail and/or phone call. If you have any questions, please call our main number, 410-402-8585.

PREREQUISITES:

Prerequisites are identified for many of the courses and workshops we offer. They may be viewed as a guide to the participant regarding knowledge or skills needed in order to participate fully and benefit from the course or workshop. Prior to registering for a course or workshop participants should evaluate whether they possess the knowledge or skills needed to understand the content and participate fully. Participants should not expect the instructor to alter the course material or presentation to accommodate the participants' knowledge or skill gaps.

NON-SMOKING CAMPUS:

We are located on a Non-Smoking Campus. There are NO approved smoking areas on/within the Spring Grove Hospital campus. Additionally, you are not permitted to smoke in your car while it is parked or in motion on any part of the Spring Grove Hospital Campus.

OETAS Refund/Credit Request Form	
All items must be completed in order to process the request:	
Name:	Home Address:
Home Phone:	Work Phone:
Employer/Agency:	
Employer/Agency Address:	
Request is for (please check only one):	
<input type="checkbox"/> REFUND Refund for payment made by Check or Money Order will be sent to the payee at the address provided on this form. Please allow 6 weeks for processing.	<input type="checkbox"/> CREDIT Credit for original paid amount will be issued and is good for 1 year, from date of the first class. Credit will expire if not used within the year.
Course Title:	Course Date(s):
Amount Paid:	
Payment Method:	
Personal Check or Money Order Number:	Social Security Number:
Agency Check Number:	Federal ID (FEIN) Number:
MD State Agency--Paid by R*STARS Transfer:	
Cur Doc Number:	Federal ID (FEIN) Number:
Reason for Request:	
Signature of Person Submitting Request: _____ Date: _____	
Return or Fax to: OETAS 55 Wade Ave. Catonsville MD 21228 Fax #: 410-402-8604	