



**Office of Workforce  
Development & Training**

**Spring 2015**

**Training Schedule**

**Office of Workforce Development & Training  
Behavioral Health Administration  
Voc Rehab Building  
55 Wade Avenue, Catonsville, MD 21228**

FEBRUARY 10, 11 & 12	<b>Issues &amp; Ethics for the Helping Professional</b> – Gregory Hunter, MPC, MS, LCSW-C, CISD, Therapist and Trainer in Private Practice, Baltimore, MD – 21 Hours
MARCH 10, 11 & 12	<b>Developing Clinical Supervision Skills</b> – Thomas Dolan, Grad. Cert., CAC-AD, Adjunct Professor, Community Colleges of Baltimore County, Baltimore, MD – 21 Hours <b>This class is Full.</b>
APRIL 7 & 8	<b>Introduction to Addictions</b> – Gregory Hunter, MPC, MS, LCSW-C, CISD, Therapist and Trainer in Private Practice, Baltimore, MD – 14 Hours
APRIL 24 & MAY 1	<b>The Addicted Patient with Anxiety Disorder</b> – Betsy McCaul, Ph.D., Professor, Johns Hopkins University School of Medicine, Baltimore, MD – 14 Hours
MAY 19, 20 & 21	<b>Treatment Planning</b> – Thomas Dolan, Grad. Cert., CAC-AD, Adjunct Professor, Community Colleges of Baltimore County, Baltimore, MD – 21 Hours
JUNE 3, 4 & 5	<b>The Family in Recovery</b> – Anna Agnew, LCSW-C, Private Practice and Training Consultant, Adjunct Faculty, Harford Community College, Bel Air, MD – 21 Hours <b>This class is Full.</b>
JUNE 26	<b>The Basics of DSM-5: What Counselors Need to Know</b> Dace S. Svikis, Ph.D., Professor, Department of Psychology, Director, Addiction and Women's Health (AWHARE) Virginia Commonwealth University, Richmond, VA – 7 Hours

**REGISTRATION:**

An application for registration of courses can be found on the last page of this catalog. **You may also download application forms from our web site at [www.adaa.dhmf.maryland.gov](http://www.adaa.dhmf.maryland.gov).** Mail your completed application with full payment to **ATTN: FISCAL, c/o Office of Workforce Development & Training, Behavioral Health Administration, Voc Rehab Building, 55 Wade Avenue, Catonsville, MD 21228. APPLICATIONS WITHOUT FULL PAYMENT CANNOT BE ACCEPTED.** Only checks, money orders, or R\*Stars Transfers are accepted as payment. Make checks and money orders payable to **BEHAVIORAL HEALTH ADMINISTRATION.** Only agencies paying by R\*STARS transfer may FAX applications with the CUR DOC number.

**CONFIRMATION:**

You will receive confirmation, including directions to the training by e-mail. For those applicants without e-mail, a confirmation will be mailed to the address provided on the application. ***If you do not receive confirmation concerning your registration, you are not registered. Contact the Office of Workforce Development & Training prior to class attendance at 410-402-8585.*** Courses and workshops are scheduled from 8:30 AM – 4:30 PM. The training room is located on the ground floor of the Behavioral Health Administration (formerly the ADAA), Voc Rehab Building, 55 Wade Avenue, Catonsville, MD 21228. Directions will be e-mailed with your confirmation.

## GENERAL INFORMATION and FEES:

Courses and workshops are scheduled from 8:30 AM – 4:30 PM. The Voc Rehab building where the training is located does not open until 8:00 AM. Please do not plan to arrive prior to that time. The training room is located on the ground floor of the Office of Workforce Development & Training, Behavioral Health Administration, Voc Rehab Building (formerly the ADAA Building), 55 Wade Avenue, Catonsville, MD 21228. Directions will be e-mailed with your confirmation or can be found at [www.adaa.dhmdh.maryland.gov](http://www.adaa.dhmdh.maryland.gov).

Seven hour workshop:	8:30 AM to 4:30 PM	\$ 70.00 (1 Day Workshop)	7 CEU
Fourteen hour course:	8:30 AM to 4:30 PM	\$120.00 (2 Day Course)	14 CEU
Twenty-one hour course:	8:30 AM to 4:30 PM	\$160.00 (3 Day Course)	21 CEU

## ABOUT THE OFFICE OF WORKFORCE DEVELOPMENT & TRAINING (formerly OETAS):

The Office of Workforce Development & Training, formerly the Office of Education and Training for Addiction Services (OETAS), is located within the Population-Based Health Division of the Behavioral Health Administration. Our mission is to design and deliver training and education to meet the varied needs of substance use and mental health professionals across Maryland, responding to the needs of beginning and experienced behavioral health practitioners by providing high quality continuing education.

## REFUND/CREDIT POLICY:

A refund or credit will be granted when a Course Refund/Credit Request Form is received at the Office of Workforce Development & Training **no later than five working days prior to the first class session**. Please allow 6-8 weeks for refunds to arrive in the mail. The Social Security Number of the student(s) requesting a refund must be included on the Course Refund/Credit Request Form in order for a refund to be processed. This form can be found on page 2 of this catalog or downloaded from [www.adaa.dhmdh.maryland.gov](http://www.adaa.dhmdh.maryland.gov).

## INCLEMENT WEATHER POLICY:

If, as of 7:00 AM, on the morning of a scheduled Office of Workforce Development & Training class, Baltimore County Public Schools are **closed**, then the Office of Workforce Development & Training class will be rescheduled. If Baltimore County Public Schools are delayed 1 or 2 hours, then the class will begin at 10:30 AM. We will notify you regarding the rescheduling of the session via e-mail and/or phone call. If you have any questions, please call our main number, 410-402-8585.

## PREREQUISITES:

Prerequisites are identified for many of the courses and workshops we offer. They may be viewed as a guide to the participant regarding knowledge or skills needed in order to participate fully and benefit from the course or workshop. Prior to registering for a course or workshop, participants should evaluate whether they possess the knowledge or skills needed to understand the content and participate fully. Participants should not expect the instructor to alter the course material or presentation to accommodate the participants' knowledge or skill gaps.

## NON-SMOKING CAMPUS:

We are located on a Non-Smoking campus. There are NO approved smoking areas on/or within the Spring Grove Hospital campus. Additionally, you are not permitted to smoke in your car while it is parked or in motion on any part of the Spring Grove Hospital campus.

Course Descriptions  
Spring 2015

**February 10, 11 & 12**

**Issues & Ethics for the Helping Professional** – Gregory Hunter, MPC, MS, LCSW-C, CISD, Therapist and Trainer in Private Practice, Baltimore, MD – 21 Hours

Counselors are continually being challenged by questions regarding confidentiality, cultural sensitivity, competence, boundaries and multiple relationships in addition to client/counselor rights. These ethical and/or legal issues are tremendously important if you provide individual, group or family counseling; whether you are a supervisor, consultant or counselor working in the community. This training will assist participants in developing the critical skills necessary for ethical decision making and for understanding the various levels of ethical practice. Use of real-life case studies and roleplaying will provide the participants with opportunities to practice effective strategies to bring about the most positive outcomes for the counselor and the client. A review of various professional standards and Codes of Ethics will be discussed including NAADAC, the Association for Addiction Professionals and the National Association of Social Workers (NASW).

**March 10, 11 & 12**

This class is Full

**Developing Clinical Supervision Skills** – Thomas Dolan, Grad. Cert., CAC-AD, Adjunct Professor: Chemical Dependency Curriculum, Community Colleges of Baltimore County, Baltimore, MD – 21 Hours

This experiential course is designed to help the clinical supervisor develop skills in three areas; self-assessment of clinical and supervisory skills, assessing counselor clinical skills and developing professional growth plans, and teaching clinical skills to counselors. Topics include: characteristics of effective supervisors, self-assessment tools and techniques, ethical issues in supervision, accessing current research, counselor assessment tools and techniques, professional growth plans, adult learning theory, and clinical supervision vs. counseling.

**April 7 & 8**

**Introduction to Addictions** – Gregory Hunter, MPC, MS, LCSW-C, CISD, Therapist and Trainer in Private Practice, Baltimore, MD – 14 Hours

This two day course will offer specific strategies to address the need for today's mental health professionals, addiction counselors and peer mentors to integrate an increasingly diverse range of knowledge across many fields to be prepared to meet the needs of clients.

This course addresses the fundamental concepts and issues necessary to gain a basic understanding of addictions. Areas of focus include models of addiction, definition of chemical dependency, the DSM-5 diagnostic criteria for substance use disorders, modalities of treatment, treatment practices, and clinical issues involved in treating the addicted population such as denial and defenses, stages of recovery, relapse and relapse prevention counseling, co-occurring disorders, effects on the family, intervention and 12 Step groups. The knowledge, skills and abilities required to be an effective addictions counselor, behavioral health provider and/or peer mentor and a code of ethics for all professionals will be introduced. The course encourages participants to develop knowledge and sensitivity to issues of family, culture, ethnicity, abilities, sexual orientation, gender and spirituality.

**April 24 & May 1**

**The Addicted Patient with Anxiety Disorder** – Betsy McCaul, Ph. D., Professor, Johns Hopkins University School of Medicine, Baltimore, MD – 14 Hours

This course is designed to help the practitioner understand the types and causes of anxiety disorders and how to help the addicted patient who is diagnosed with an anxiety disorder. Assessment, medications, and interventions are identified and discussed. This course is primarily didactic, with some case-oriented skill building in assessment, treatment planning, and interventions.

Course Descriptions  
Spring 2015

**May 19, 20 & 21**

**Treatment Planning** – *Thomas Dolan, Grad. Cert., CAC-AD, Adjunct Professor: Chemical Dependency Curriculum, Community Colleges of Baltimore County, Baltimore, MD – 21 Hours*

Clinicians are under continuous demand to improve treatment retention and outcomes. Improving outcomes requires increasing each practitioner's skill and ability to individualize intervention strategies, and justify their treatment approaches. This experiential course will cover the basics of treatment planning, emphasize the benefits of using the Stages of Change model to strategize client interventions that are appropriate to stage, and provide individualized and measurable clinical indicators of progress.

Participants will be given practical tools to make treatment planning and progress note writing easier and more useful to their counseling practice.

**June 3, 4 & 5**

**This class is Full**

**The Family in Recovery** – *Anna Agnew, LCSW-C, Private Practice and Training Consultant, Adjunct Faculty, Harford Community College, Bel Air, MD – 21 Hours*

Addiction is sometimes called a "family disease" since it affects the entire family. This course will focus on three central themes of a family system: belonging/inclusion, leadership/control, and intimacy/affection. When the family is in active addiction and in recovery, these three central themes can be disruptive to the family's healthy functioning. Practitioners aware of the stages a family encounters in addiction and recovery can better address the patient(s) and their family through the recovery process. Attention will be given to emotional relapse during discussion of the central themes and Gorski's Model of Recovery will be introduced, a comprehensive system for diagnosing and treating substance use disorders and coexisting mental health disorders.

**June 26**

**The Basics of DSM-5: What Counselors Need to Know**

*Dace S. Svikis, Ph.D., Professor, Department of Psychology, Director, Addiction and Women's Health (AWHARE) Virginia Commonwealth University, Richmond, VA – 7 Hours*

This one day workshop will begin with a brief history of the DSM classification system for psychiatric disorders. It will discuss the process by which changes were made from DSM-IV-TR to DSM-5. In particular, the course will focus on Substance-Related and Addictive Disorders - what changed and why. Revisions in diagnostic criteria for other psychiatric disorders frequently seen in the context of addiction treatment will be reviewed, including depressive disorders, anxiety disorders and trauma and stress related disorders. The workshop will also focus on practical issues such as screening and assessment for substance use disorders and comorbid conditions as part of intake assessment and treatment planning.

**CERTIFICATES/CEUs:**

The Office of Workforce Development and Training is approved to grant Continuing Education Units (CEUs) by the organizations listed below, and maintains responsibility for its courses. All participants will receive a certificate of participation for each training event they attend. **Participants must attend all hours of the training in order to receive a certificate.**

The Maryland Board of Professional Counselors and Therapists and the Maryland Addiction and Behavioral-health Professionals Certification Board have approved all courses and seminars for Category A CEUs, for certified or licensed professional counselors, marriage and family therapists, and alcohol and drug counselors.

The Maryland State Board of Social Work Examiners has approved all courses for Category I CEUs, for Social Workers.

The State Board of Examiners of Psychologists has approved all courses for CEUs, for Psychologists.

Send to **ATTN: FISCAL**

c/o Office of Workforce Development & Training  
Behavioral Health Administration, Voc Rehab Building  
55 Wade Avenue, Catonsville, MD 21228  
Office: [410-402-8585](tel:410-402-8585)

FOR OWDT USE ONLY

**SPRING 2015 COMMUTER APPLICATION**

Name: \_\_\_\_\_ Social Security: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

Employer: \_\_\_\_\_ County: \_\_\_\_\_

Employer Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**COURSE SELECTION:** *Please check box(s) of all courses for which you are submitting payment.*

<b>1 Day Course (\$70)</b>  <input type="checkbox"/>  <b>The Basics of DSM-5</b>  <b>June 26</b>	<b>2 Day Course (\$120)</b>  <input type="checkbox"/>  <b>Introduction to Addictions</b>  <b>April 7 &amp; 8</b>	<b>3 Day Course (\$160)</b>  <input type="checkbox"/>  <b>Issues &amp; Ethics for the Helping Professional</b>  <b>February 10, 11 &amp; 12</b>	<b>3 Day Course (\$160)</b>  <input type="checkbox"/>  <b>Developing Clinical Supervision Skills</b>  <b>March 10, 11 &amp; 12</b> <i>Class is Full</i>
<div style="border: 1px solid black; width: 100%; height: 100%; transform: rotate(45deg);"></div>	<input type="checkbox"/>  <b>The Addicted Patient with Anxiety Disorder</b>  <b>April 24 &amp; May 1</b>	<input type="checkbox"/>  <b>Treatment Planning</b>  <b>May 19, 20 &amp; 21</b>	<input type="checkbox"/>  <b>The Family in Recovery</b>  <b>June 3, 4 &amp; 5</b> <i>Class is Full</i>

**Total Amount Enclosed: \$ \_\_\_\_\_**

**ONLY CHECK, MONEY ORDER, AND R\*STARS TRANSFER ACCEPTED**

*This application **will not** be accepted without payment. Make checks and money orders payable to **BEHAVIORAL HEALTH ADMINISTRATION. DO NOT SEND CASH.***

*Purchase orders are accepted from federal agencies only.*

Agency: **MOO**  
PCA: **M160S**  
Revenue Object: **6657**  
R\*STARS Transaction Code: **410**  
Index Code: **10900**

When processing the R\*STARS transaction, indicate the student's name and course name in the description field.

**Important:** Show payment by supplying the transaction Cur Doc Number below, and fax to the Fiscal Department in order to complete the registration.

**R\*STARS Transfer for Maryland State Agency Use Only: CUR DOC # \_\_\_\_\_**

**FISCAL OFFICER \_\_\_\_\_ PHONE \_\_\_\_\_**

**FAX R\*STARS TRANSACTIONS TO: FISCAL 410-402-8607**

**Office of Workforce Development & Training  
Course Refund/Credit Request Form**

FOR OWDT USE ONLY

**All items must be completed in order to process the request:**

Name:	Home Address:
Home Phone:	Work Phone:

Employer/Agency:

Employer/Agency Address:

**Request is for (please check only one):**

<input type="checkbox"/> <b>REFUND</b> Refund for payment made by Check or Money Order will be sent to the payee at the address provided on this form. Please allow 6 weeks for processing.	<input type="checkbox"/> <b>CREDIT</b> Credit for original paid amount will be issued and is good for 1 year from date of the first class. Credit will expire if not used within the year.
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Course Title:	Course Date(s):
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Amount Paid:

**Payment Method:**

Personal Check or Money Order Number:	Social Security Number:
Agency Check Number:	Federal ID (FEIN) Number:

**MD State Agency--Paid by R\*STARS Transfer:**

Cur Doc Number:	Federal ID (FEIN) Number:
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Reason for Request:

Signature of Person Submitting Request:	Date:
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**Return or Fax to:**  
**Office of Workforce Development & Training, Behavioral Health Administration**  
**Voc Rehab Building, 55 Wade Avenue, Catonsville MD 21228**  
**Fax: [410-402-8604](tel:410-402-8604) Office: [410-402-8585](tel:410-402-8585)**

**OFFICE OF WORKFORCE DEVELOPMENT & TRAINING**  
**SPRING 2015**  
**TRAINING SCHEDULE**

The Office of Workforce Development & Training does not discriminate on the basis of race, color, sex, national origin, or disability in the operation and administration of its services, facilities, programs, benefits and employment opportunities.