

## **Addendum to D& A Council Plan: January 2015 Update**

### **Goal:**

To reduce the incidence and prevalence of lethal overdoses from Opioids in Worcester County.

### **Objective 1:**

Provide community education around Opioid Overdose Prevention.

### **Action Plan:**

1. Provide at least 2 educational outreach sessions to members of the medical community.
2. Provide at 4 educational presentations to members of the human resource community.
3. Provide educational information at entry into treatment for all persons requesting substance abuse treatment who report Opiate use. Continue to provide ongoing educational information and risk assessment for all persons assessed as having Opiate use at least quarterly throughout treatment.
4. Develop and distribute Opiate Overdose Prevention fliers and/or pamphlets throughout the community [i.e. pharmacies, grocery stores, community agencies, etc.] .
5. Develop and distribute Opiate Overdose Prevention and treatment resource fliers to local police departments, local EMT providers, and hospital emergency department for provision to persons suspected of abusing Opiates.

### **Intended Measurable Outputs:**

1. Decrease the number of overdose deaths in Worcester County by 2015.
2. Increase the number of persons trained to respond to accidental Opiate overdoses in Worcester County.
3. Increase the knowledge of community providers about treatment resources for Opioid addiction in Worcester County.

### **Performance Targets:**

1. Provide at least 6 educational outreach sessions to community providers.
2. At least 95% of all Opiate users will receive entry and ongoing assessment of current use, as well as risk for overdose while in treatment.
3. At least 1000 pamphlets will be distributed for the public to use within the community.
4. Provide educational outreach tools for first responders to inform users & family members of resources for treatment, as well as overdose prevention training/certificate program.

### **Objective 2:**

Increase number of persons trained in the administration of Naloxone to reverse suspected Opiate overdose.

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### **Action Plan:**

1. Provide training to all Behavioral Health clinical teams on methods to improve outreach to families and significant others concerning Overdose Prevention.
2. Develop introductory letter for clients to share with family/significant others about Overdose prevention.
3. Provide Opiate Overdose certificate training to interested police agencies, medical providers, and community providers, separate from family members and significant others.
4. Seek funding from the Behavioral Health Administration to provide Naloxone response kits to each police department in Worcester County that requests certificate holder training and kits.
5. Train CRT staff and/or Emergency Room staff in Opiate Overdose Prevention and in SBIRT to provide families and near fatality victims with overdose prevention and treatment options.

### **Intended Measureable Outputs:**

1. Train and provide certificates to at least 25 police and community agency members in Opiate Overdose response, and provide Naloxone kits to Worcester County police departments without sufficient funding for purchase of the Naloxone kits.
2. Introductory letter is developed for all clients to share with family members/significant others.
3. Sufficient funding is available for purchase of Naloxone kits for local police departments and community agencies that do not have available funds within their department.
4. Standard protocol for Overdose response is developed in conjunction with Atlantic General Emergency Department, including available contacts for certificate holder training and addiction treatment resources.

### **Performance Targets:**

1. See Measureable outputs above.

### **Actual Output Data:**

1. 80 individuals were trained in Opiate Overdose Response (9 law enforcement officers).
2. An Introductory letter is in the process of being drafted for all clients to share with family/significant others.
3. There is sufficient funding to supply local police departments with an initial dose of Naloxone kits.
4. "Be A Hero" brochures were distributed to AGH for use in the Emergency Department or in their health systems.

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### **Objective 3:**

Increase number of high risk users who involve family and significant others in Naloxone certificate holders program.

### **Action Plan:**

1. Develop and implement program at Worcester County Detention Center to provide Naloxone kits to inmates addicted to Opiates upon release.
2. Increase involvement of medication assisted treatment clients and their family members in overdose response.
3. Coordinate training and outreach event with Atlantic Club Board of Directors to encourage involvement of recovery community in overdose response.

### **Intended Measureable Outputs:**

1. Provide an overdose response prescription &/or kit to all Opiate addicts leaving the Worcester County Detention Center
2. Increase contact with family members/significant others of clients in medication assisted treatment to educate and encourage involvement in Overdose response certificate program by provision of a family educational session at least quarterly.
3. Seek funding for sufficient numbers of Naloxone kits to provide all local police departments with overdose response kits.
4. Outreach event is provided in collaboration with the Atlantic Club.
5. Provide pamphlets in community setting including pharmacies, physicians' offices, and other community gathering places about the Overdose Prevention Program.

### **Performance Targets:**

1. All Opiate addicts who agree to participate in the Overdose response program are provided with training and a prescription upon release
2. At least 25% of clients in Medication assisted treatment agree to involve family members/significant others in the overdose response program training.
3. At least 50% of all police departments in Worcester County participate in the Naloxone overdose response program.
4. Outreach event is provided and certificate training event is provided at the Atlantic Club.
5. Encourage family members of all drug court participants who abuse opiates to seek certificate training.

### **Actual Output Data:**

1. Establishing training protocol for Worcester County Detention Center. Trainer has been identified.
2. Quarterly Family Education Sessions are still in the planning stage.
3. The Atlantic Club Board of Directors have agreed to participate in Opiate Overdose training.

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4. Outreach event and certificate training event will be provided at Atlantic Club in February 2015
5. Secured partial funding for outreach worker to education materials to community settings.

### **Objective 4:**

Continue to provide education to community youth about the dangers of Opiate use and Overdose Response to the parents and school community.

### **Action Plan:**

1. Provide at least 2 youth events that incorporate Opiate information and overdose education to the community.
2. Seek funding to assist in provision of community outreach specifically provided to youth, their families, and the school community.
3. Seek appropriate venues to train educators, school nurses and school staff about Opiates, Overdose response, treatment resources, and appropriate intervention with suspected use.
4. Use existing school contacts to improve and re-energize Student Assistance Programs/Teams to increase referrals to appropriate treatment.

### **Actual Output Data:**

1. There were two youth events held incorporating Opiate information and overdose education on October 15, 2014 and October 16, 2014 at the High School Peer Leadership training at Camp Arrow Head. There were 36 youth participants from the three local high schools. There was also a Youth Council Retreat on December 18, 2014 at the Technical School in Newark MD. There were 12 youth participants in the training on opiates and overdoses, and a strategic plan developed to address the problem in each of the local high schools.
2. Several grants have been applied for, to fund specific outreach outlets on opiate information and trainings. Funding is still being explored.
3. Behavioral Health Staff has trained two counselors on opiate response and education and they will train staff at different locations within the County. Training will be held at the Atlantic Club and the Jail. A training for educators/teachers was held in July on the dangers of opiates and overdose response, 32 teachers attended the training.
4. The three high schools and one middle school have re-energized their Student Assistance teams and are currently meeting or have a meeting scheduled in the very near future. There has also been a training provided by the Board of Education to the staff on the purpose and the function of these teams in their schools. The number of schools participating is up from last year when only one high school had a team that was functioning.