

# Recovery Services

# Peer Recovery Specialist

- ▶ All work in our Recovery Services Unit
- ▶ Require at least 6 months on site training prior to any special placement
- ▶ Required to document on a shared log
- ▶ Build on the strengths of the individual
- ▶ All co-facilitate weekly groups with Counseling staff

# Training, Training, and more training

- ▶ Ensuring that individuals feel they are prepared to do the job they were hired to do
- ▶ Making sure that everyone understands the mission and the vision of the unit
- ▶ Make certain that individuals know the resources in our community to best serve
- ▶ Make sure that everyone spends time each week on site

# Memorandums of understanding

- ▶ If staff are embedded outside of our agency we ask the following:
  - ▶ A place that the Peer Specialist can work in privacy
  - ▶ A computer
  - ▶ A telephone
  - ▶ An onsite person that will lead and give guidance if needed

# Who do we partner with

- ▶ Local Homeless Shelter
- ▶ Outpatient Mental Health Clinic
- ▶ Local Detention Center
- ▶ Carroll Hospital Center
- ▶ Local Housing & Case Management Facility
- ▶ Drug Treatment Court
- ▶ Local Free Clinic

# Targeted Collaborative efforts

- ▶ Peer Specialist is an employee of the Carroll County Health Department
- ▶ Completed the same orientation as all Carroll Hospital Center personnel
- ▶ Confidentiality/HIPAA - addressed through cross training as well as the Peer Specialist obtains a signed consent for everyone that is willing to engage in mentoring or coaching services
- ▶ Otherwise it treated as a consult

# Where does the Peer specialist see patients

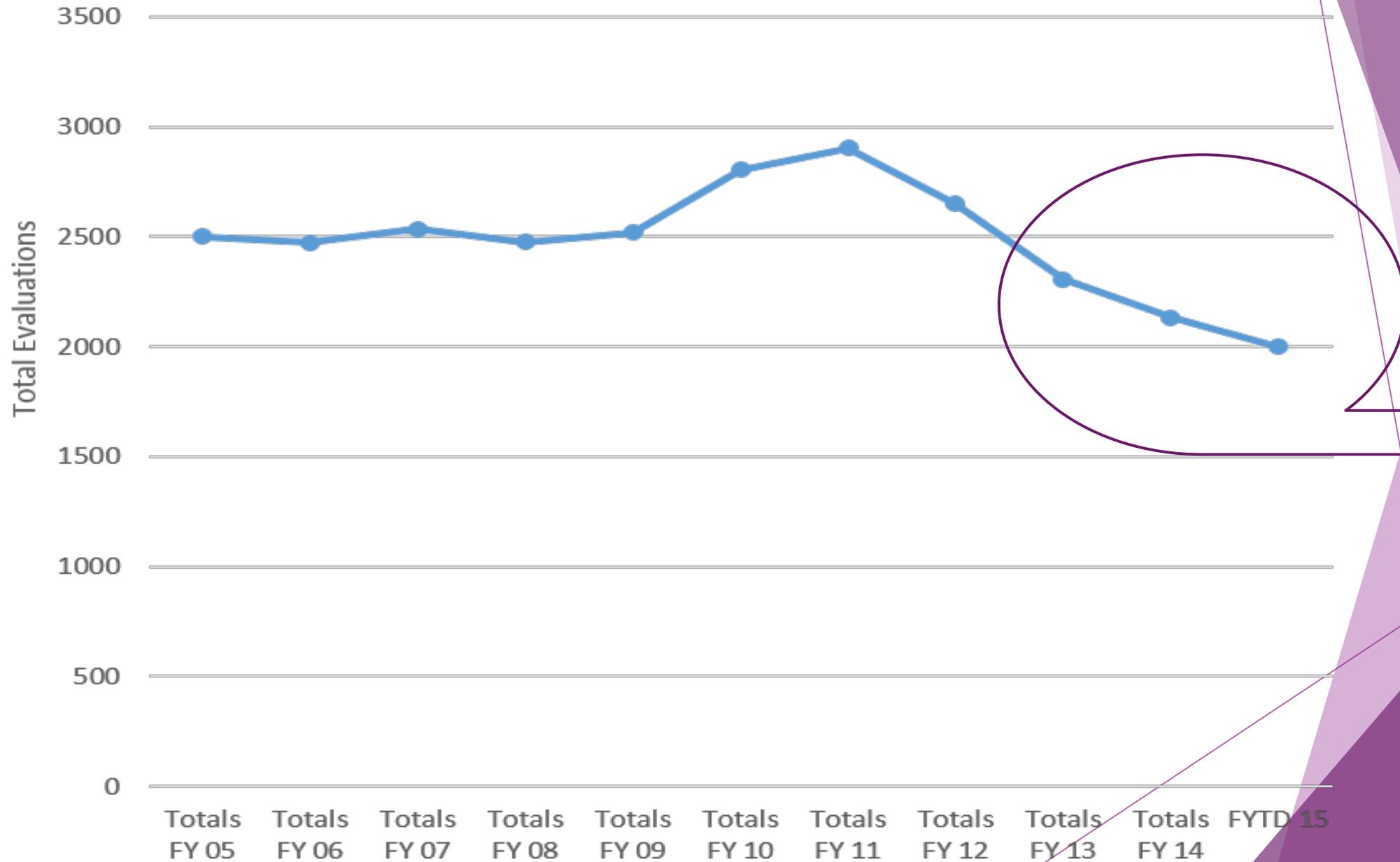
- ▶ **Wherever they are.....**



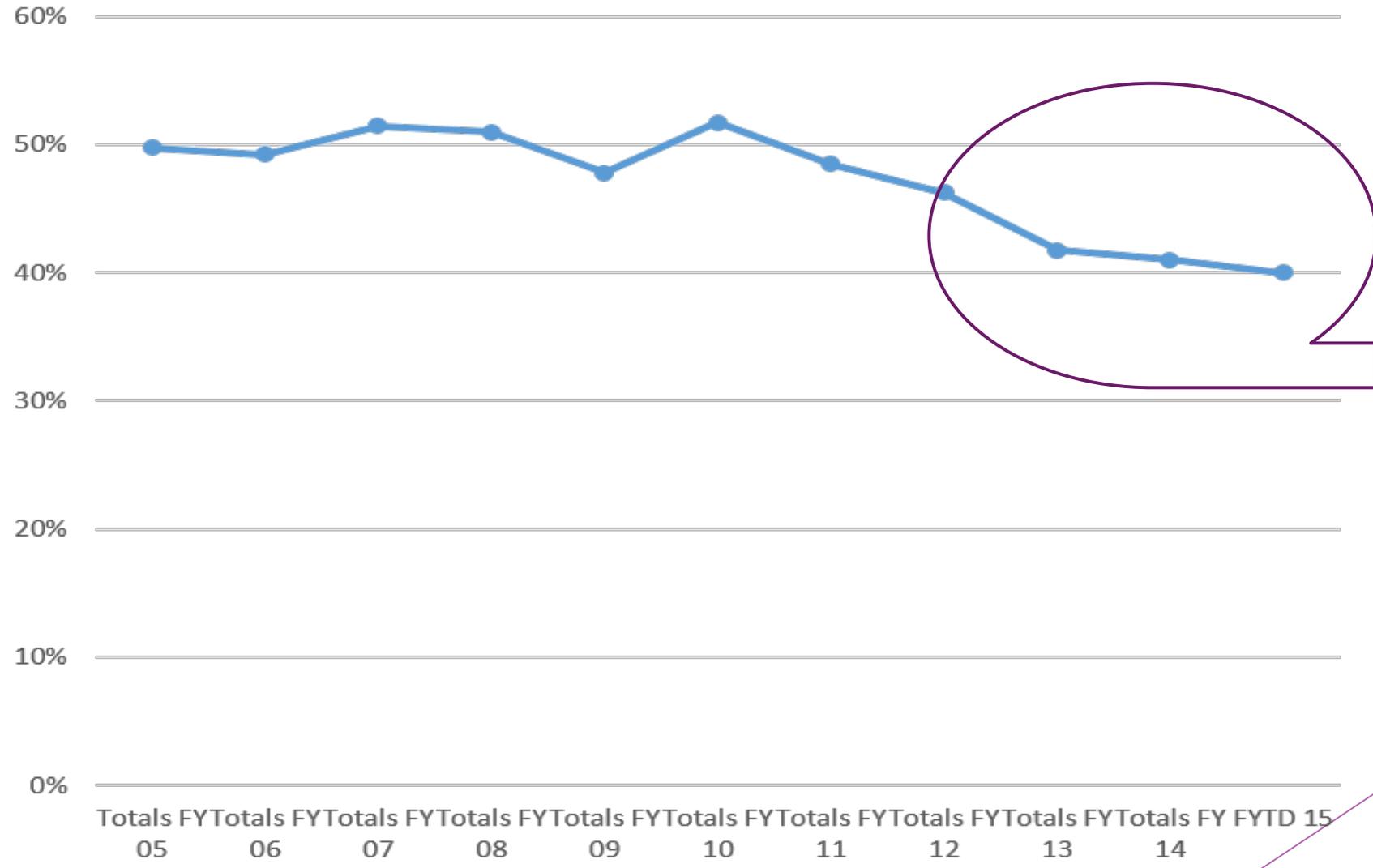
# Target population

- ▶ Emergency Department high utilizers defined as those with 10 or more visits in the last 12 months
- ▶ Inpatient Psychiatric Unit high utilizers defined as 3 or more inpatient admissions in the last 12 months

# Evaluations in the ED



## Patients admitted to Inpatient from ED



# Reduction in High Use Consumers

- ▶ 44% reduction in high utilizers in Emergency Department
- ▶ 42% reduction of high utilization of Inpatient Behavioral Health Unit

# New Initiatives

- ▶ Finalized MOU with local Recovery Club
- ▶ Per Diem Contracts for Peer to Peer Overdose Training