

# Assertive Advocacy for Recovery Peer Specialists

*April 6, 2016  
9:00 AM - 12:00 PM*

## Goals of the Training

This three hour workshop will assist the Peer Recovery Specialist to develop and demonstrate the ability to advocate in an assertive but effective manner.

## Objectives of the Training

- ◇ You will assess and examine your own personal level of assertiveness.
- ◇ You will learn and practice assertive responses to real life experiences.
- ◇ You will learn how to use assertive responses in your role as an advocate.

## Trainer

- ◇ **Carole Frank**, Private Training Consultant, formerly the Chief of Training for the Mental Hygiene Administration, Maryland Department of Health and Mental Hygiene

## Location

The Conference Center  
at Sheppard Pratt

6501 N. Charles Street  
Baltimore, MD. 21204

Linda Oney  
loney@psych.umaryland.edu

## Who Should Attend

This training is for peers who are seeking certification and for those who are already Certified Peer Recovery Specialists (CPRS). This training meets 3 hours of the required— training hours in the Advocacy domain to meet the Maryland Addiction and Behavioral-health Professionals Certification. In order to receive a certificate for this training a participant must complete all 3 hours of training. No partial credit hours will be given.

## Purpose

Advocacy is an important role for a certified peer recovery specialist. As an advocate, the CPRS performs two major functions: to help the community understand and to support recovery and wellness; but also on an individual level assisting individuals in their recovery by applying the principles of individual choice and self-determination. This training address both.

**COST- FREE**

Sponsored by the Behavioral Health Administration and the University of Maryland Training Center.  
This training is certified by the Training Center of the University of Maryland.