

FOR YOU, YOUR FAMILY AND FRIENDS

AN OVERDOSE CAN HAPPEN TO ANYONE. WOULD YOU KNOW WHAT TO DO?

The Howard County Health Department invites you to register for our **Opioid Overdose Response Program**—a one-hour class that will train you about how to spot an overdose and save someone's life.

IN THIS PROGRAM YOU'LL LEARN HOW TO:

- 1 identify** various prescription and illegal drugs, including heroin, fentanyl, oxycodone
- 2 recognize** the signs and symptoms of overdose
- 3 perform** rescue breathing
- 4 give** intra-nasal naloxone, a medication that reverses the effects of an overdose by re-storing the person's ability to breathe
- 5 care** for the individual until help arrives.

In short, you'll acquire the skills, confidence and official certification you need to take life-saving action in an emergency.



Training Dates: Classes begin at 10:00 a.m.
June 13, 2016, July 18, 2016,
August 29, 2016, September 26, 2016

**For more information and
to register for training, contact
hchealth.org, 410.313.6274.
shunt@howardcountymd.gov**

*The program is free. The result is priceless.
Be a hero. Enroll today.*

