

BREAKING the **HABIT** in **BEHAVIORAL** **HEALTH**

As a behavioral healthcare provider, participate in our *interactive* and *hands-on* trainings



Focused on addressing smoking in behavioral health populations



Be trained to facilitate a single session or multi-session group



Contact Us

MDQuit Resource Center

trainings@mdquit.org

(410)455-3628

Our Trainings Address

- Research findings on and common myths of behavioral health smoking
- Basic information about the use of NRT/Pharmacotherapy
- Impact of organizational culture and other factors on implementation

Single Session Training

A tailored, multi-component group or individual single session protocol developed for providers who have *at least* a single session to dedicate to smoking cessation.

- Provides multiple avenues of communicating with clients about smoking, including the single session and brief intervention approaches.

This provider training is **2 hours** and **2 CEU credits** will be awarded for completion of the entire training.

Multiple Session Training

Designed to teach providers with more extensive group experience and capacity, how to conduct a flexible, interactive, multiple session smoking cessation group for behavioral health clients.

- Utilizes cognitive-behavioral and motivational enhancement strategies for a more intensive intervention often needed for this population.

For this **full day** training, **6 CEU credits** will be awarded for completion of the entire training.

Tailored trainings for administration
and staff are also available!

Contact us for more information
or to sign-up for training
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MD  **Quit.org**

Co-sponsored by the Maryland Behavioral Health Administration's
Office of Workforce Development and Training.

The Office of Workforce Development and Training is an approved sponsor of the Maryland Board of Social Work Examiners for 2 or 6 Continuing Education Units (Category I) for licensed social workers in Maryland; as a sponsor of 2 or 6 Continuing Education Units acceptable to the Maryland Board of Examiners of Psychologists; and 2 or 6 Continuing Education Units (Category A) by the Maryland Board of Professional Counselors and Therapists, and the Maryland Association of Prevention Professionals & Advocates upon completion of this training and a completed evaluation. The Office of Workforce Development and Training maintains responsibility for this program.