

BREAKING the **HABIT** in **BEHAVIORAL** **HEALTH**

As a behavioral healthcare provider, participate in our *interactive* and *hands-on* trainings



Focused on addressing smoking in behavioral health populations



Be trained to facilitate a single session or multi-session group



Contact Us

MDQuit Resource Center

trainings@mdquit.org

(410)455-3628

Our Trainings Address

- Research findings on and common myths of behavioral health smoking
- Basic information about the use of NRT/Pharmacotherapy
- Impact of organizational culture and other factors on implementation

Single Session Training

A tailored, multi-component group or individual single session protocol developed for providers who have *at least* a single session to dedicate to smoking cessation.

- Provides multiple avenues of communicating with clients about smoking, including the single session and brief intervention approaches.

This provider training is **2 hours** and **2 CEU credits** will be awarded for completion of the entire training.

Multiple Session Training

Designed to teach providers with more extensive group experience and capacity, how to conduct a flexible, interactive, multiple session smoking cessation group for behavioral health clients.

- Utilizes cognitive-behavioral and motivational enhancement strategies for a more intensive intervention often needed for this population.

For this **full day** training, **6 CEU credits** will be awarded for completion of the entire training.

Tailored trainings for administration and staff are also available!

Contact us for more information or to sign-up for a training

trainings@mdquit.org

MD  **Quit.org**