
**ALLEGANY COUNTY, MARYLAND
STRATEGIC PLAN FOR ALCOHOL AND DRUG ABUSE
For FY16-17**

VISION: Allegany County- A Healthy, Drug Free Community

MISSION: To reduce the incidence and prevalence of alcohol and drug abuse in Allegany County.

DATA DRIVEN ANALYSIS OF JURISIDICTIONAL NEEDS:

- Community–Wide Health Needs Assessment 2011
- 2013 YRBSS
- Data from State Epidemiological Outcomes Workgroup
- Western Maryland Health System Emergency Room Data
- Western Maryland Health System Addictions Treatment Data
- Western Maryland Health System/Department of Social Services number of Substance Affected Newborn Deliveries
- Frostburg State University Core Alcohol and Drug Survey
- National College Health Assessment
- Frostburg State University AcoholEdu
- Allegany County Health Department CQI Performance Data, including Aftercare Data
- Department of Juvenile Services Data
- Parole & Probation Input
- Maryland Strategic Prevention Framework Data
- Law Enforcement Data
- County/State Overdose Data
- Maryland Collaborative on College Drinking

PRIORITIES RANKED IN ORDER:

- 1) Prevention & Wellness
- 2) Overdose Prevention
- 3) Treatment
- 4) Recovery Support Systems

#1 Priority: PREVENTION

GOAL 1: Use a comprehensive prevention approach, including the application of IOM (universal, selective, indicated) and environmental strategies, to reduce alcohol, tobacco and other drug (ATOD) related consumption and consequences.

- Objective 1:** Provide opportunities to educate the community on alcohol, tobacco and other drugs through media campaigns, presentations, and trainings. (ACHD)
- Objective 2:** Reduce youth access to alcohol and tobacco through the utilization of law enforcement to conduct alcohol compliance checks and party/saturation patrols. (ACHD, Law Enforcement)
- Objective 3:** Fund community/faith-based organizations to provide ATOD prevention initiatives for the youth in their communities. (ACHD)
- Objective 4:** Implement Drug Free Communities grant strategies to reduce underage drinking, binge drinking and marijuana use in the city of Frostburg. (Frostburg State University, Frostburg Community Coalition)
- Objective 5:** Provide an SBIRT tool to area OB/GYN practices to assess pregnant women for ATOD use, and to refer those identified to the appropriate service. (ACHD)

Goal 1 Performance Target: Reduce ATOD consumption patterns and their consequences.

Progress: (To be reported as applicable every six months)

Estimated dollar amount needed to achieve goal:

See matrix

GOAL 2: Enhance comprehensive prevention program pertaining to high risk drinking and drug use among college students.

- Objective 1:** To maintain the Alcohol Task Force and Community Campus Coalition to address substance abuse issues for college students.

Objective 2: To review University policies, strengthen responsible business practices, and to consistently enforce University policies, state laws and local ordinances.

Objective 3: Examine the impact of academic policies and practices upon student high risk drinking behaviors.

Goal 2 Performance Target: To reduce the use of alcohol and other substances among the students of Frostburg State University.

Progress: (To be reported as applicable every six months)

Estimated dollar amount needed to achieve goal:
Maintain current funding amounts. See matrix

Priority #2: OPIOID & OVERDOSE PREVENTION

Goal 1: Reduce the number of prescription drugs in the county by continuing to provide opportunities for community to safely dispose of their unused and/or expired medications throughout the year by December 31, 2014.

Objective 1: Provide safe opportunities for community to dispose of unused or outdated medications

Goal 4 Performance Target: Over 150 pounds of medications will be collected through permanent drop off sites.

Progress: (To be reported as applicable every six months)

Estimated dollar amount needed to achieve goal:
Maintain current funding amounts. See matrix

Goal 2: TBD – Opioid Misuse Prevention Program

#3 Priority: TREATMENT

GOAL 1: Provide integrated continuum of efficient and effective treatment services.

- Objective 1:** Maintain 25 adult residential ASAM Level III.7, II.5, and II.1 beds for the treatment of substance abuse disorders at the Massie Unit. (Massie Unit)
- Objective 2:** Maintain 26 adolescent residential ASAM Level III.7, II.5, and II.1 beds for the treatment of substance abuse disorders. (Jackson Unit)
- Objective 3:** Provide ASAM Level 1 (Outpatient) substance abuse treatment services to an average of 147 patients per month. (ACHD)
- Objective 4:** Provide ASAM Level II.1 (IOP) substance abuse treatment services to an average of 22 patients per month. (ACHD)
- Objective 5:** Provide Buprenorphine Treatment services to an average of (5) patients per month. (ACHD)
- Objective 6:** Maintain 80 (Medication Assisted Treatment) MAT “ASAM Level I” slots for the treatment of Opioid abuse disorders using Buprenorphine (Suboxone). (Western Maryland Health System)
- Objective 7:** Maintain an average of 5 admissions per month in Occupational Health Buprenorphine Detox program. (Western Maryland Health System)

Goal 1 Performance Target: Reduce the negative consequences of substance abuse in the treated population.

Progress: (To be reported as applicable every six months)

Estimated dollar amount needed to achieve goal:

Maintain current funding amounts. See matrix

Priority #3: RECOVERY SUPPORT SYSTEMS

Goal 1: Utilize five peer recovery support specialists to enhance the treatment and recovery process. (ACHD)

- Objective 1:** Utilize peer specialists to maximize client engagement. (Massie/Jackson/OP Addictions)
- Objective 2:** Utilize peer specialists in the continuing care process. (OP Addictions)
- Objective 3:** Utilize peer specialists to introduce clients to self-help groups. (OP Addictions)
- Objective 4:** Utilize peer specialists to support and assist patients and with their daily regimen, including accompanying them to appointments and treatment activities. (Massie/Jackson)

Goal 1 Performance Target: Enhance the treatment and recovery process for clients.

Progress: (To be reported as applicable every six months)

Estimated dollar amount needed to achieve goal:

Maintain current funding amounts. See matrix

Goal 2: Implement comprehensive Recovery Services to clients served at the Behavioral Health Addictions Program. (ACHD)

- Objective 1:** Provide state care coordination services to an average of 30 clients per month
- Objective 2:** Provide Maryland Recovery Net services to all clients that meet eligibility requirements. (Massie/OP Addictions)

Goal 2 Performance Target: Approximately 30 clients per month will receive Care Coordination Services.

Progress: (To be reported as applicable every six months)

Estimated dollar amount needed to achieve goal:

Maintain current funding amounts. See matrix